

A spiral-bound notebook with a light brown, textured cover. The metal spiral binding is on the left side. The text is centered on the cover.

30 Slide Defense

By Danny Marshall

Football Program

Defense

Fronts- 30, Slide, Split, Heavy, 50

- 30 Defense

- 30 33tuff 34 35

- Stunts

- Nose Rip Slant str Slant wk Shift str Shift wk Bark
Crash

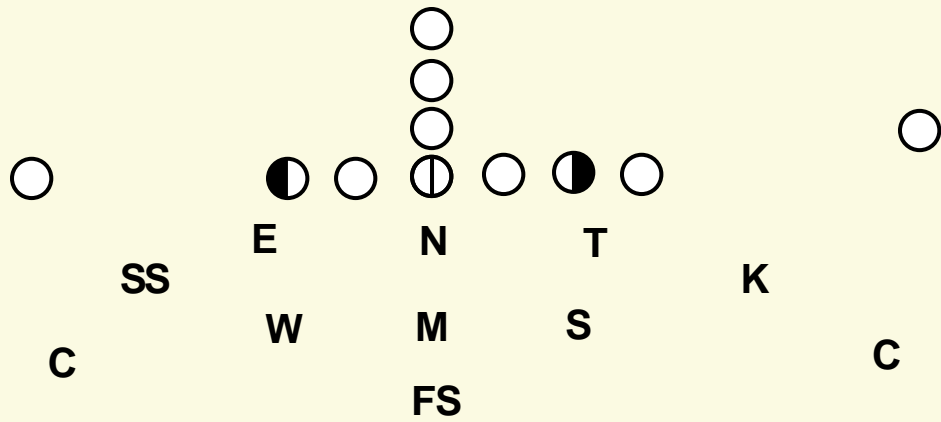
- Blitz

- man woman jet thunder shoot strike&stick stab&sting
yankee rebel max max drop lightening thump missles
rockets shark storm madd maddswitch badd baddswitch
cross-it str cross-it wk mix-it str mix-it wk

- Coverage

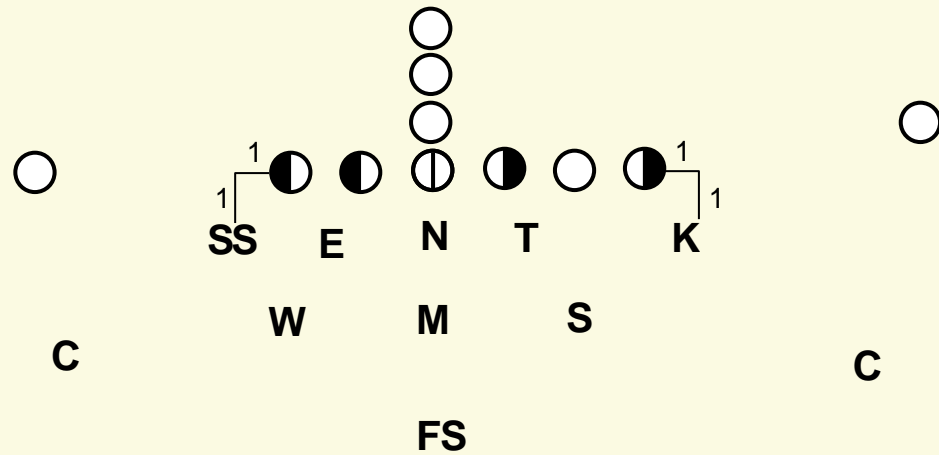
- 1 2 3 5 black red orange purple gold silver

30

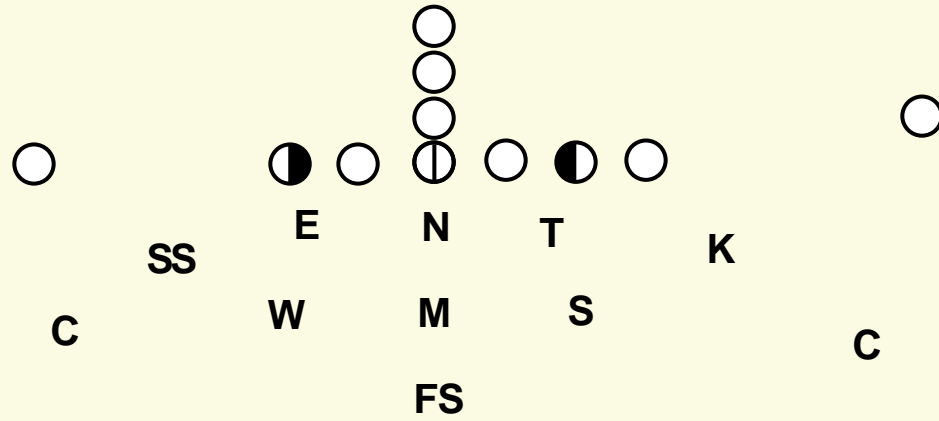


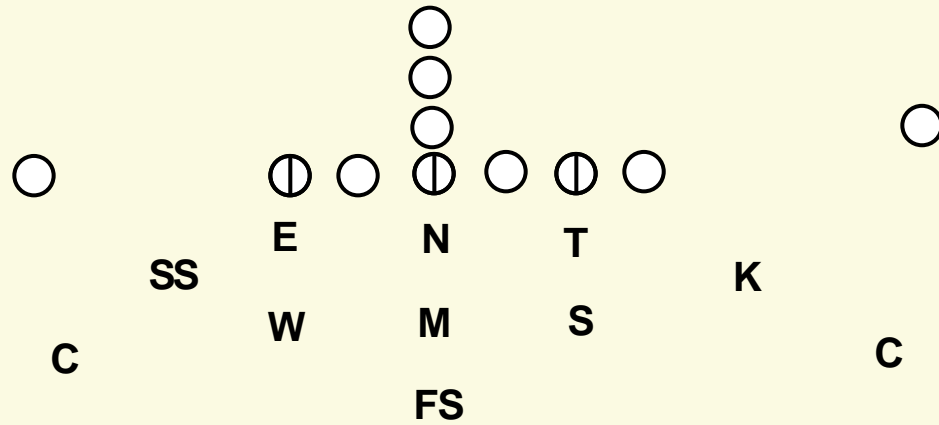
30	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/of f line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/of f line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/of f line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

33 Tuff

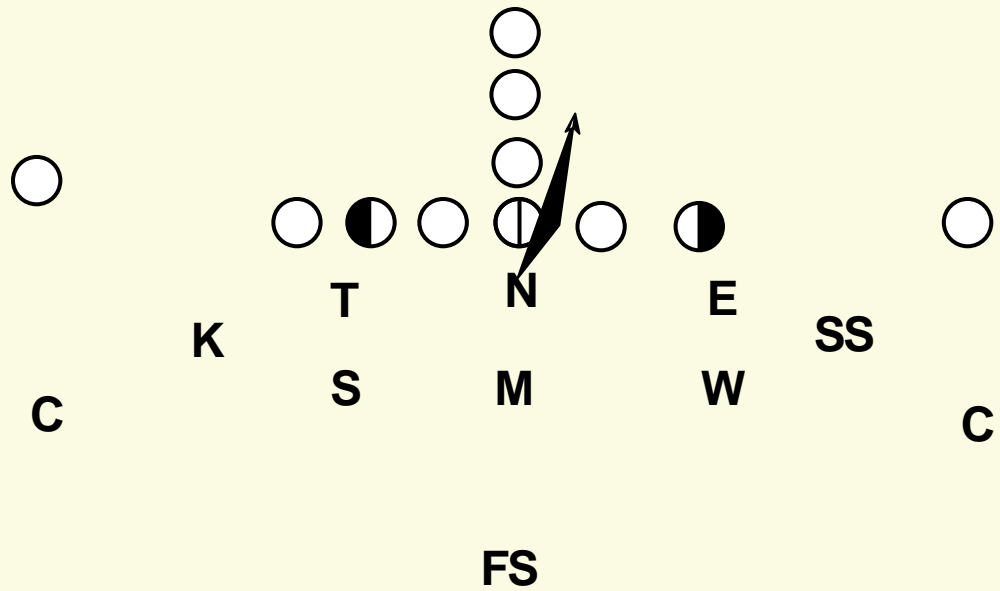


TUFF LOOSE	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	1 yd wide on the line - unless TE outside shou.	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	outside shoulder of TE- 2pt stance	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain



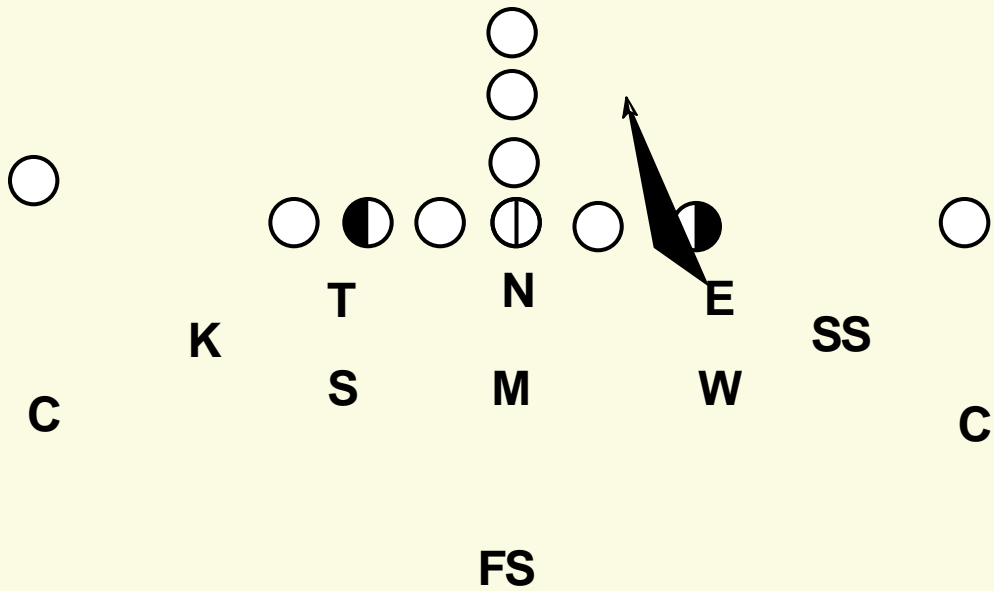


Nose



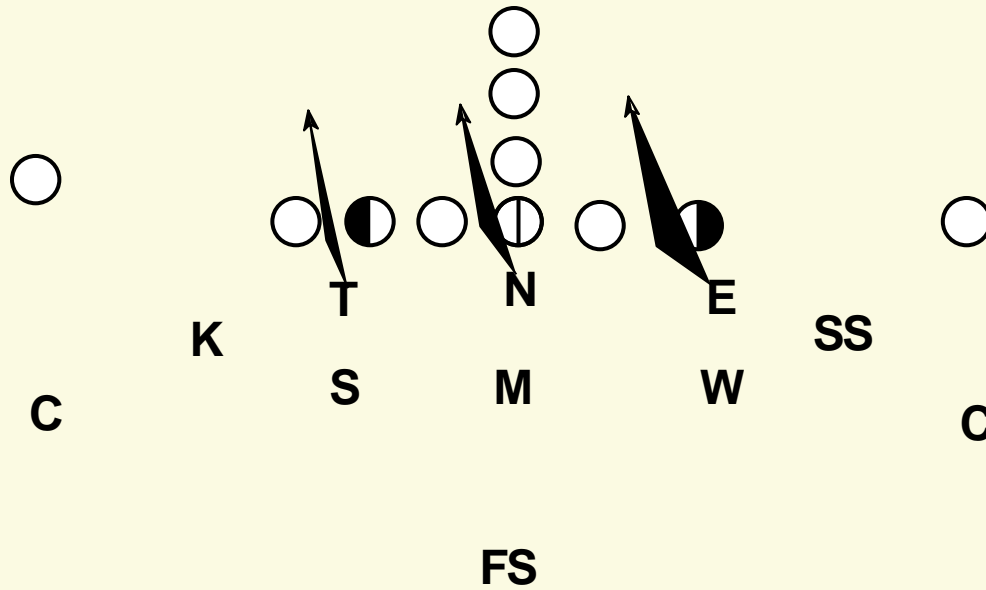
NOSE TILT	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch f or cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Slant weak into gap 45 - Rip off man - Force	Slant weak into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant weak into gap 45 - Rip off man - Pass rush move
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Rip



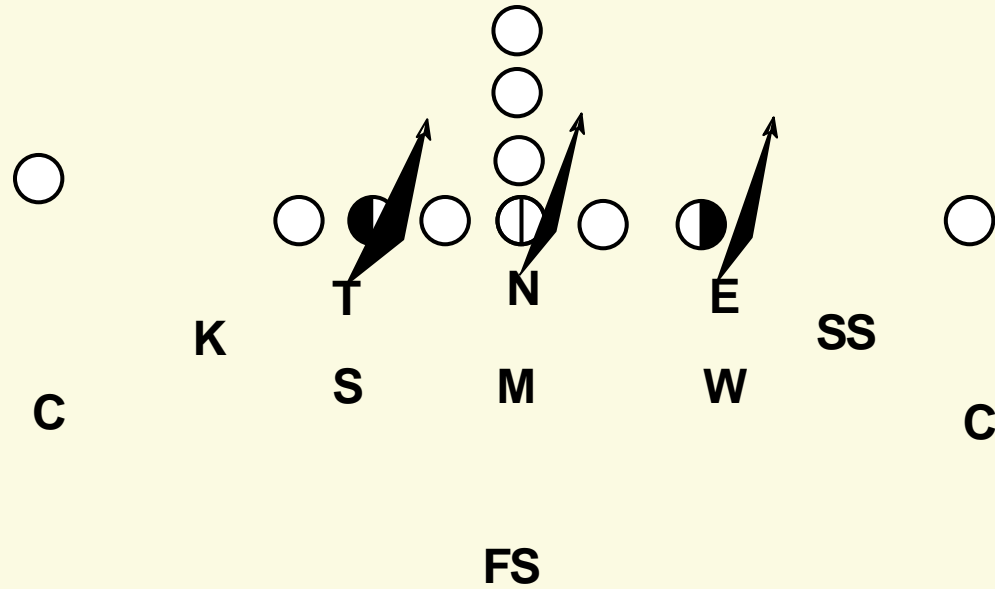
RIP	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane -

Slant Strong



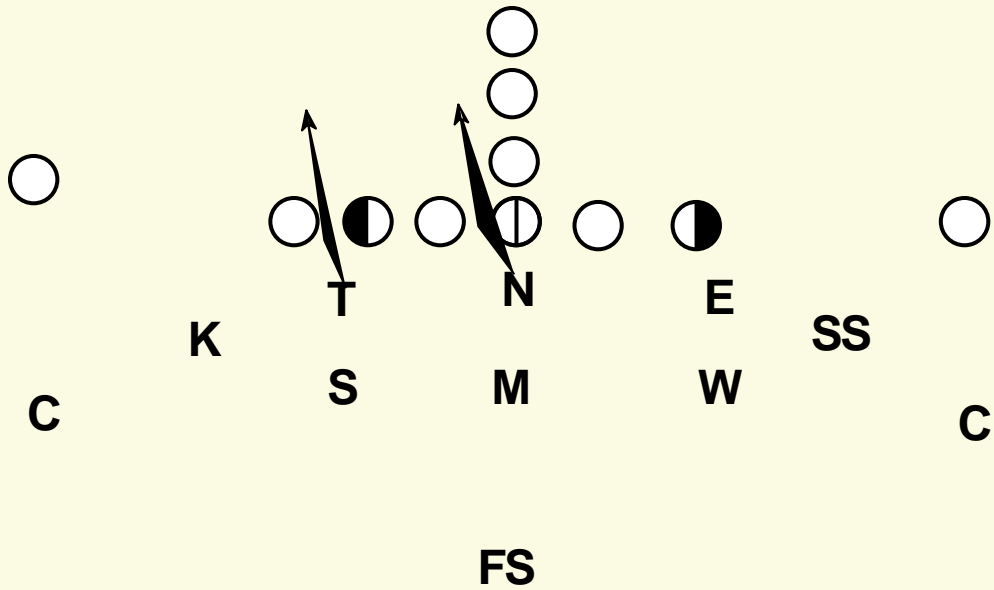
SLANT (str/wk)	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane -
END	6 tech weak side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain

Slant Weak



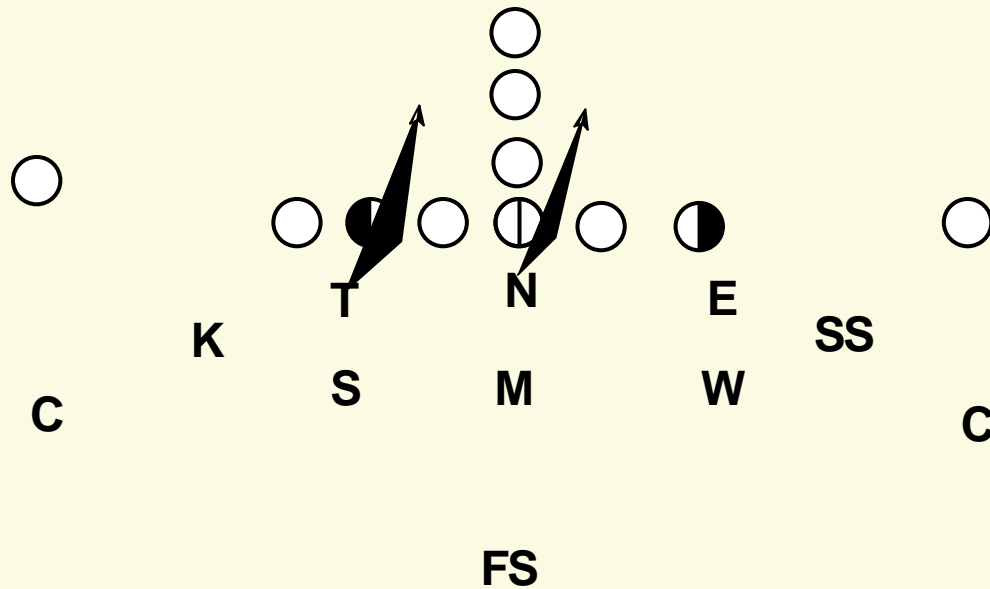
SLANT (str/wk)	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane -
END	6 tech weak side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain

Shift Strong



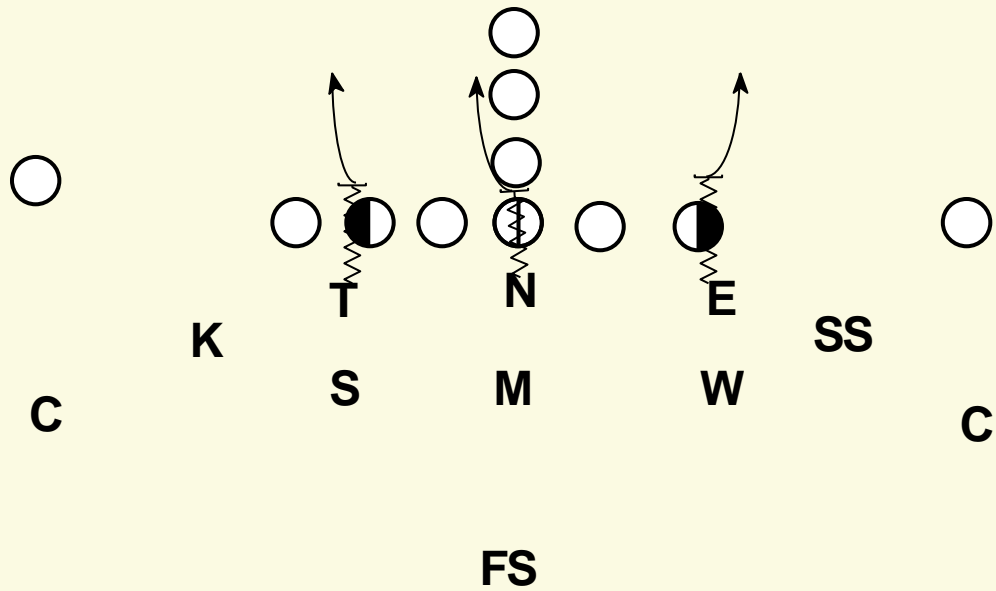
SHIFT (str/wk)	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane -
END	6 tech weak side	Ball - head of man in front	Ball get off - Set the corner Contain	Ball get off - Squeeze gap - Run to ball	Ball get off - Pass rush move - Stay in lane - Contain

Shift Weak



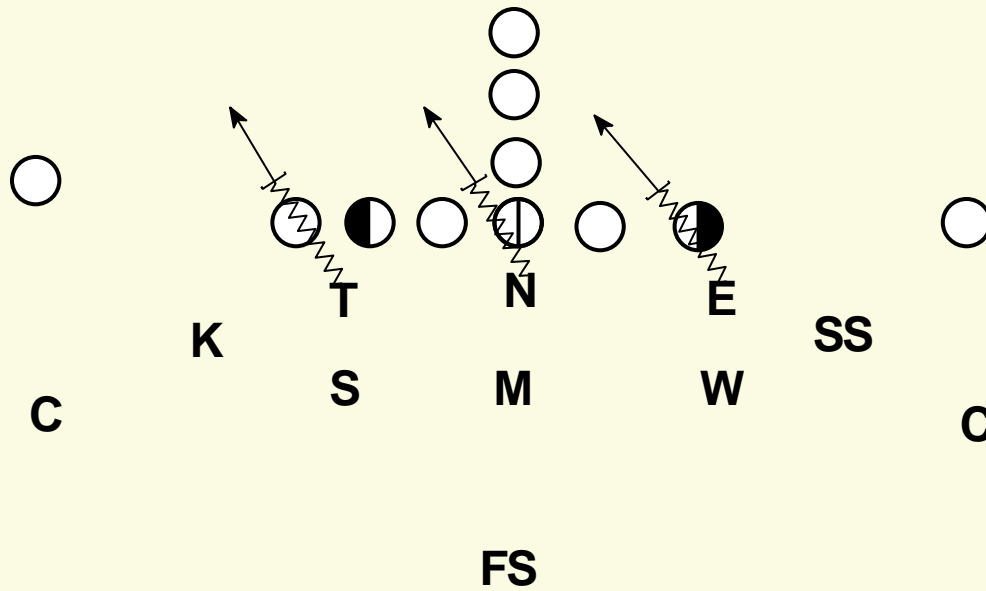
SHIFT (str/wk)	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into gap 45 - Rip off man - Force	Slant into gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into gap 45 - Rip off man - Pass rush move - Stay in lane -
END	6 tech weak side	Ball - head of man in front	Ball get off - Set the corner Contain	Ball get off - Squeeze gap - Run to ball	Ball get off - Pass rush move - Stay in lane - Contain

Bark



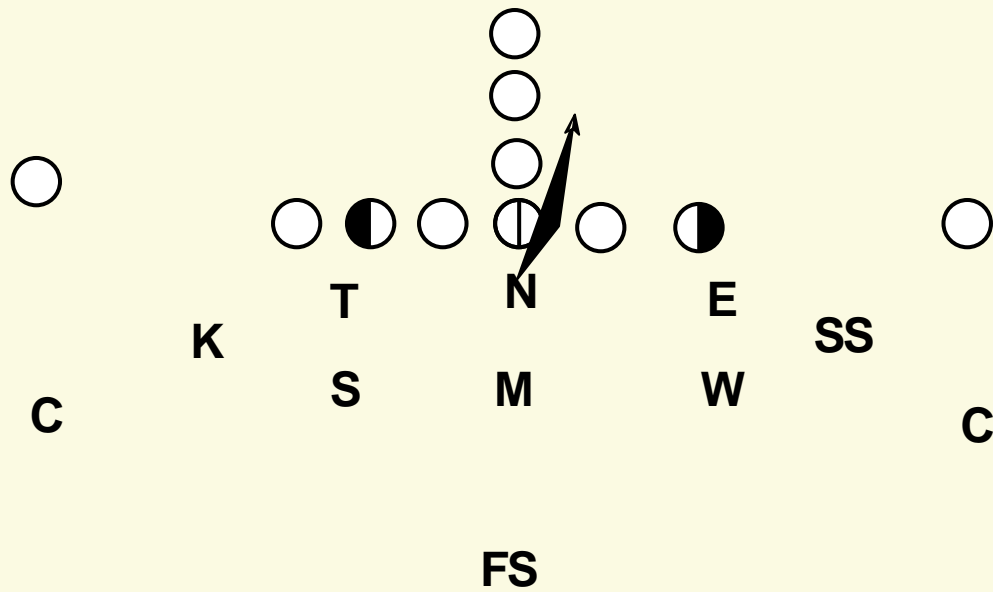
BARK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech stack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep on a hash	QB - #1 - QB	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	10 yds deep on a hash	QB - #1 - QB	Depends on coverage	Depends on coverage	Depends on coverage
CORNERS	5 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	8 tech strong side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
TACKLE	3 tech strong side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
NOSE	1 tech weak side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
END	6 tech weak side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack

Crash



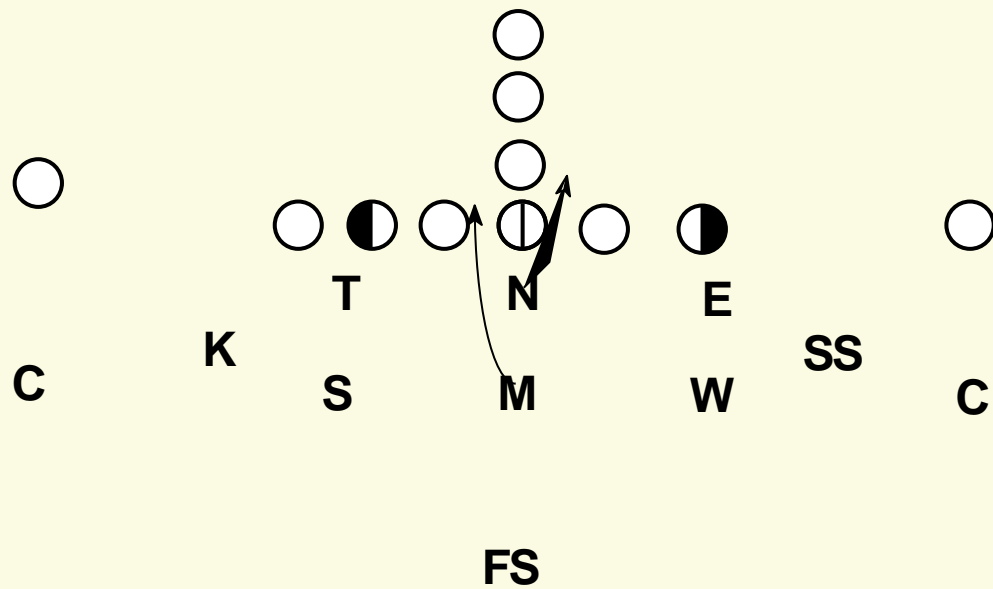
CRASH	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech stack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep on a hash	QB - #1 - QB	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	10 yds deep on a hash	QB - #1 - QB	Depends on coverage	Depends on coverage	Depends on coverage
CORNERS	5 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	8 tech strong side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Slant into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
TACKLE	3 tech strong side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Slant into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
NOSE	1 tech weak side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Slant into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack
END	6 tech weak side	Ball - head of man in front	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Fire out into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack ball	Slant into upper shin/ lower thigh of man, Bear crawl thru the man , pop up attack

Man



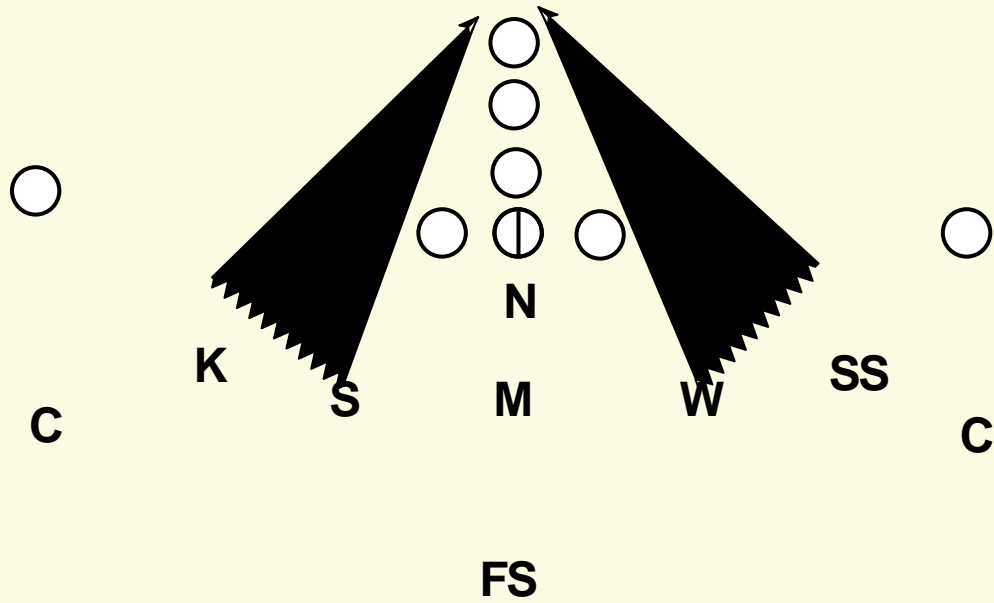
MAN	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru strong A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Attack QB
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Woman



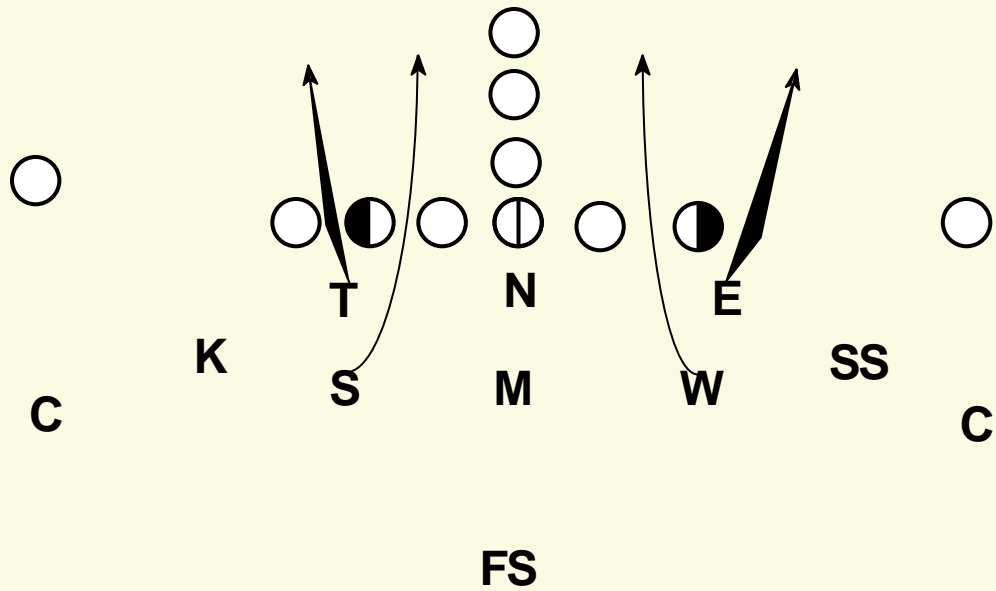
WOMAN	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Jet



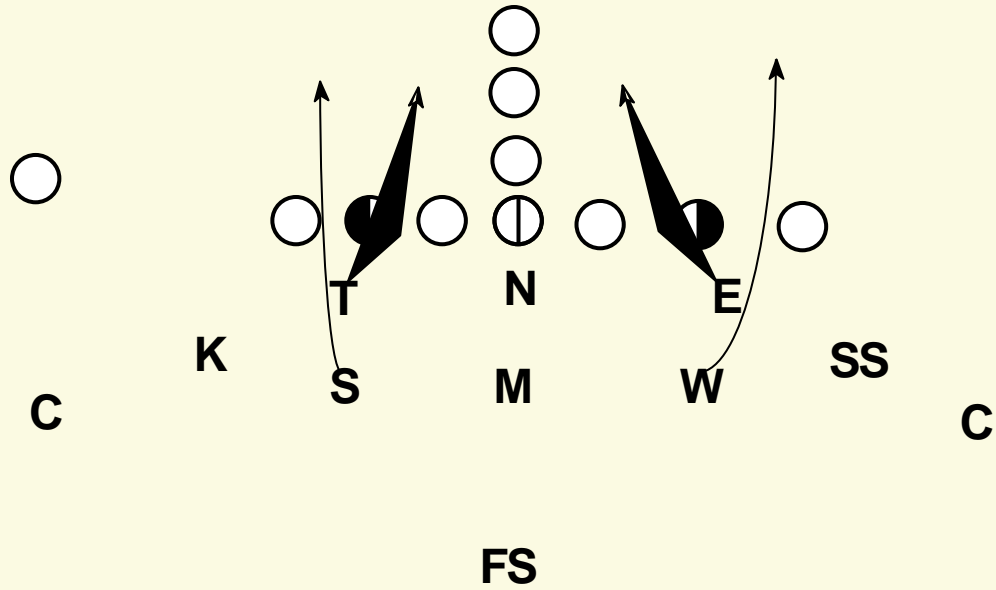
JET	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
WILL	60 tech steack end	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Bltiz thru strong B gap	Blitz thru strong B gap - Force - Contain	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Pass rush move - Stay in lane
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Bltiz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - Stay in lane

Thunder



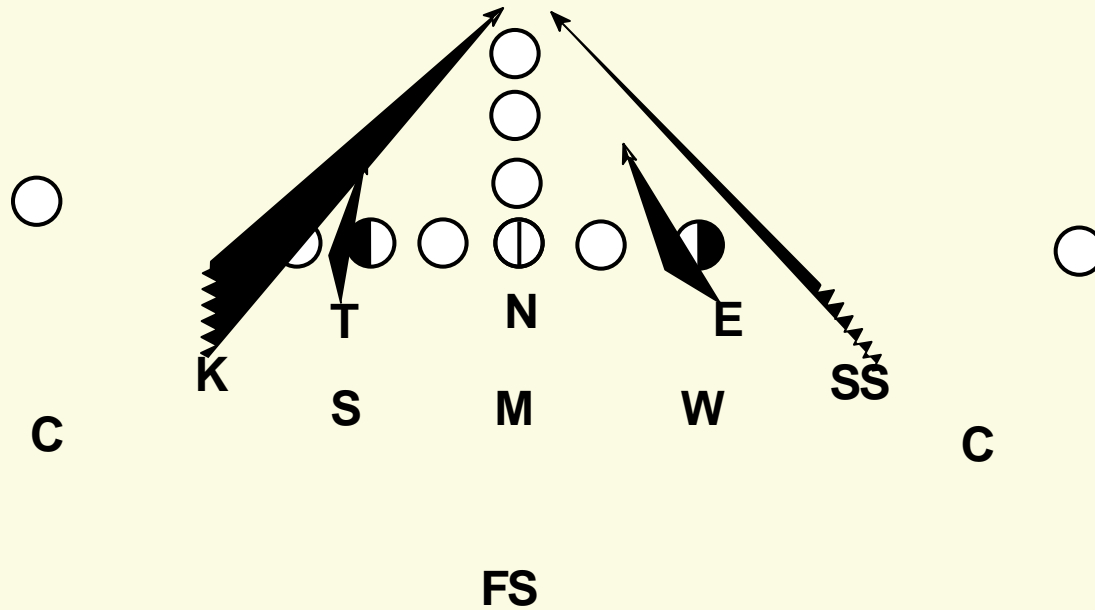
THUNDER	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	Blitz thru Strong B Gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
WILL	60 tech steack end	Blitz thru Weak B Gap	Blitz thru Weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Bltiz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Shoot



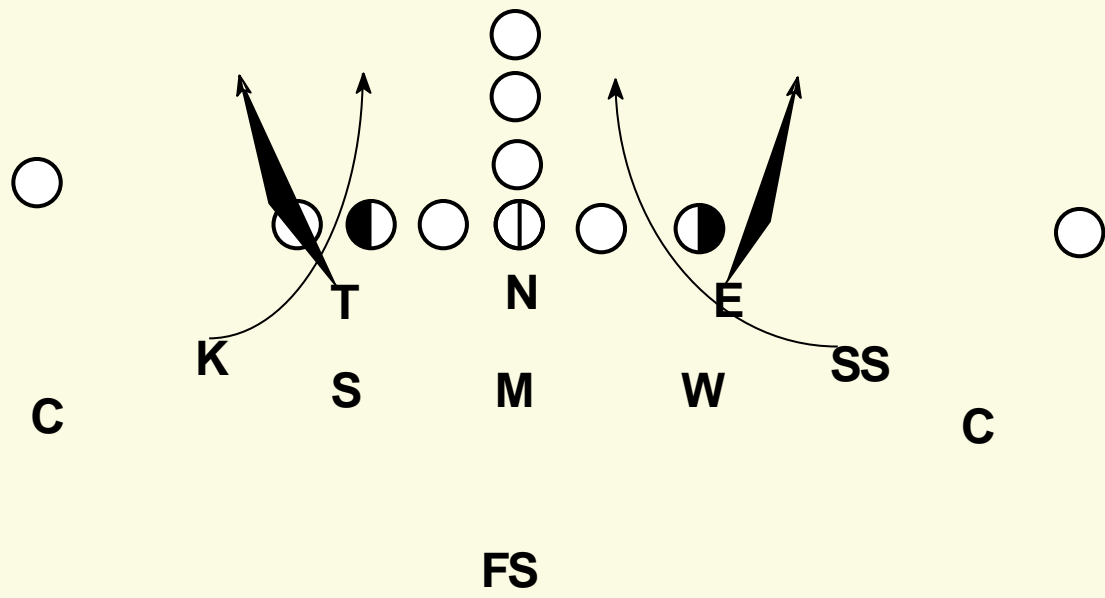
SHOOT TUFF	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	Blitz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Attack QB
WILL	60 tech steack end	Blitz thru weak C gap is two TE	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	Outside shoulder TE, 1-1 no TE	QB - on/off line	Do not get hooked - Force outside in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	Outside shoulder TE, 1-1 no TE	Ball - head of man in front	Do not get hooked - Force outside in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
TACKLE	6 tech strong side	Blitz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB

Stick & Strike



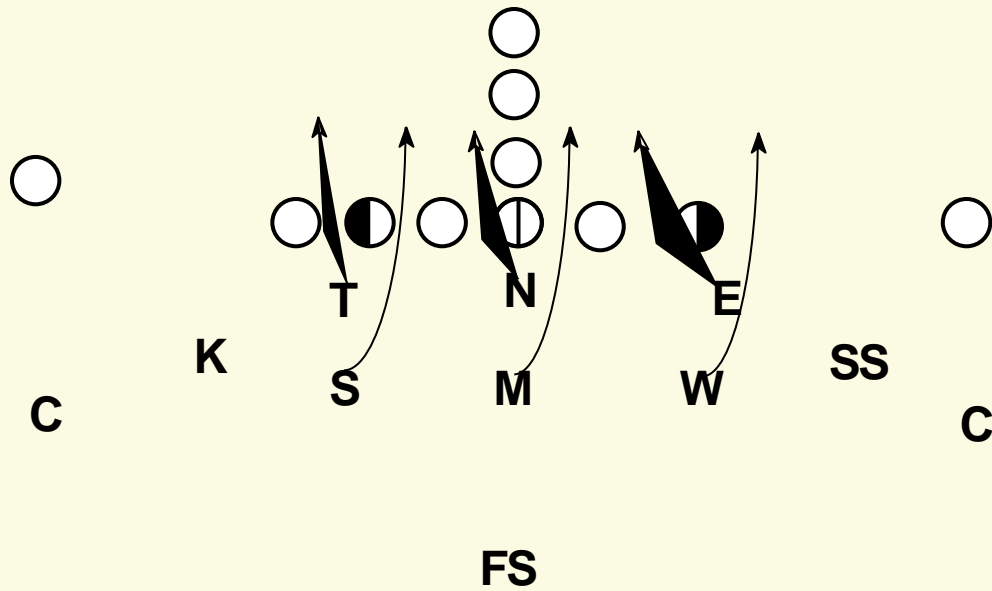
STRIKE STICK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside turn everything inside - Force - Contain	Blitz outside turn everything inside Contain boot & reverse	Blitz outside turn everything inside - Check boot & reverse - Pursuit angle
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Blitz outside turn everything inside - Force - Contain	Blitz outside turn everything inside Contain boot & reverse	Blitz outside turn everything inside - Check boot & reverse - Pursuit angle
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - stay in lane

Sting & Stab



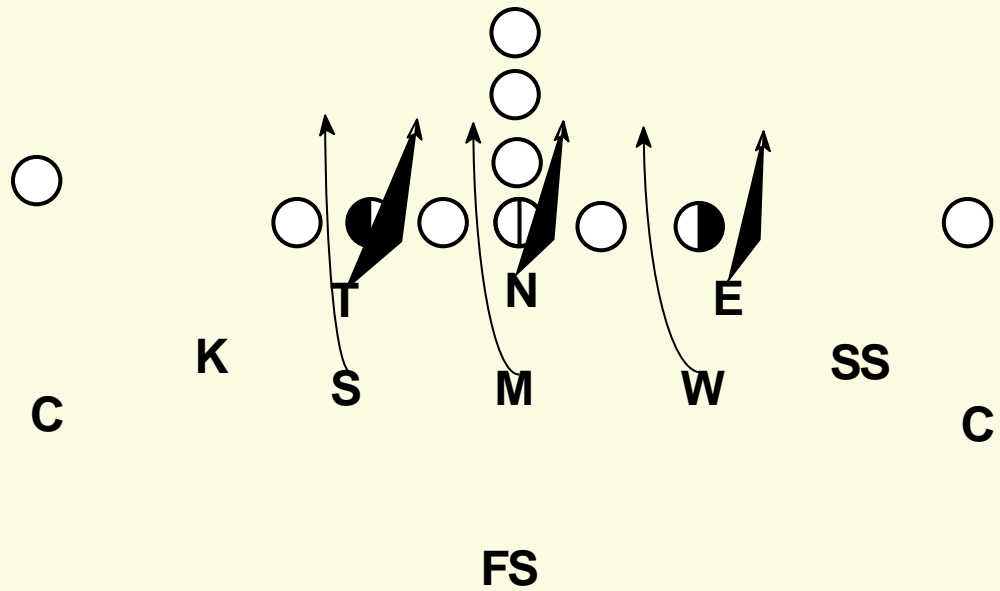
STING STAB	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Outside contain blitz	Blitz inside turn everything -outside Force - Contain	Blitz inside turn everything outside - Contain boot & reverse	Blitz inside turn everything outside - Check boot & reverse - Pursuit angle
TACKLE	6 tech strong side	Blitz thru strong B gap	Blitz thru strong C gap - Force	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - stay in lane
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Yankee



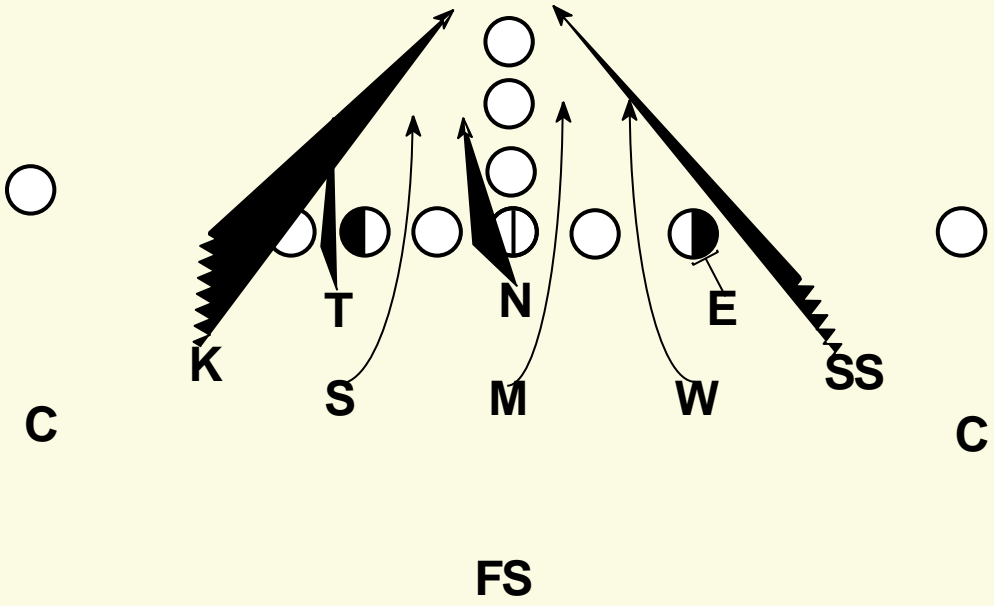
YANKEE	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	Blitz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
WILL	60 tech steack end	Blitz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Attack QB - Contain
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Blitz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - Stay in lane

Rebel



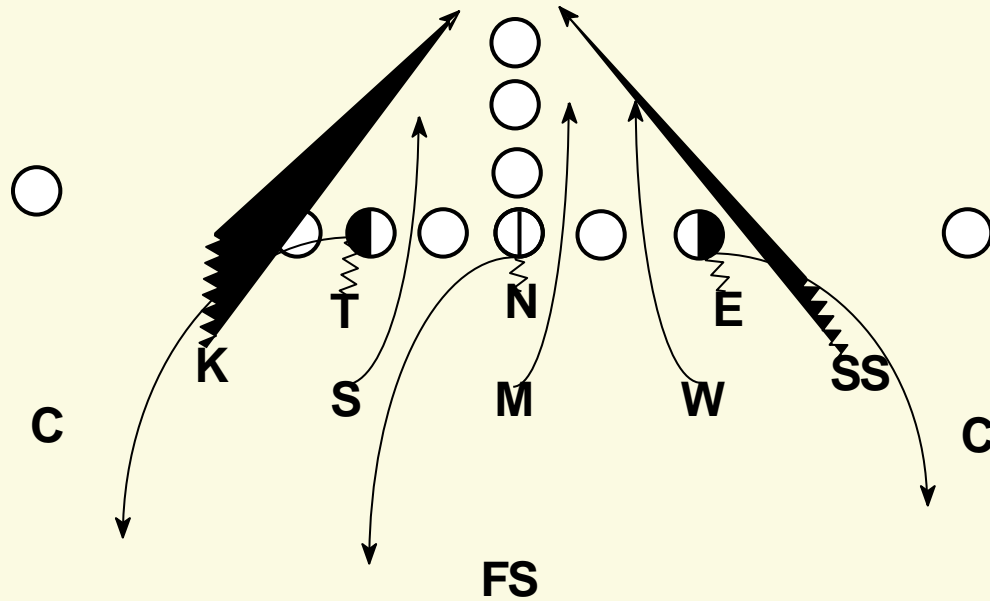
REBEL	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Attack QB
SAM	60 tech stack tackle	Blitz thru strong C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Set - Check cutback boot& rev.	Blitz thru weak C gap - Attack QB
WILL	60 tech steack end	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch f or cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Blitz thru strong B gap	Blitz thru strong B gap - Force - Contain	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Pass rush move - Stay in lane
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Pass rush move - Stay in lane
END	6 tech weak side	Blitz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

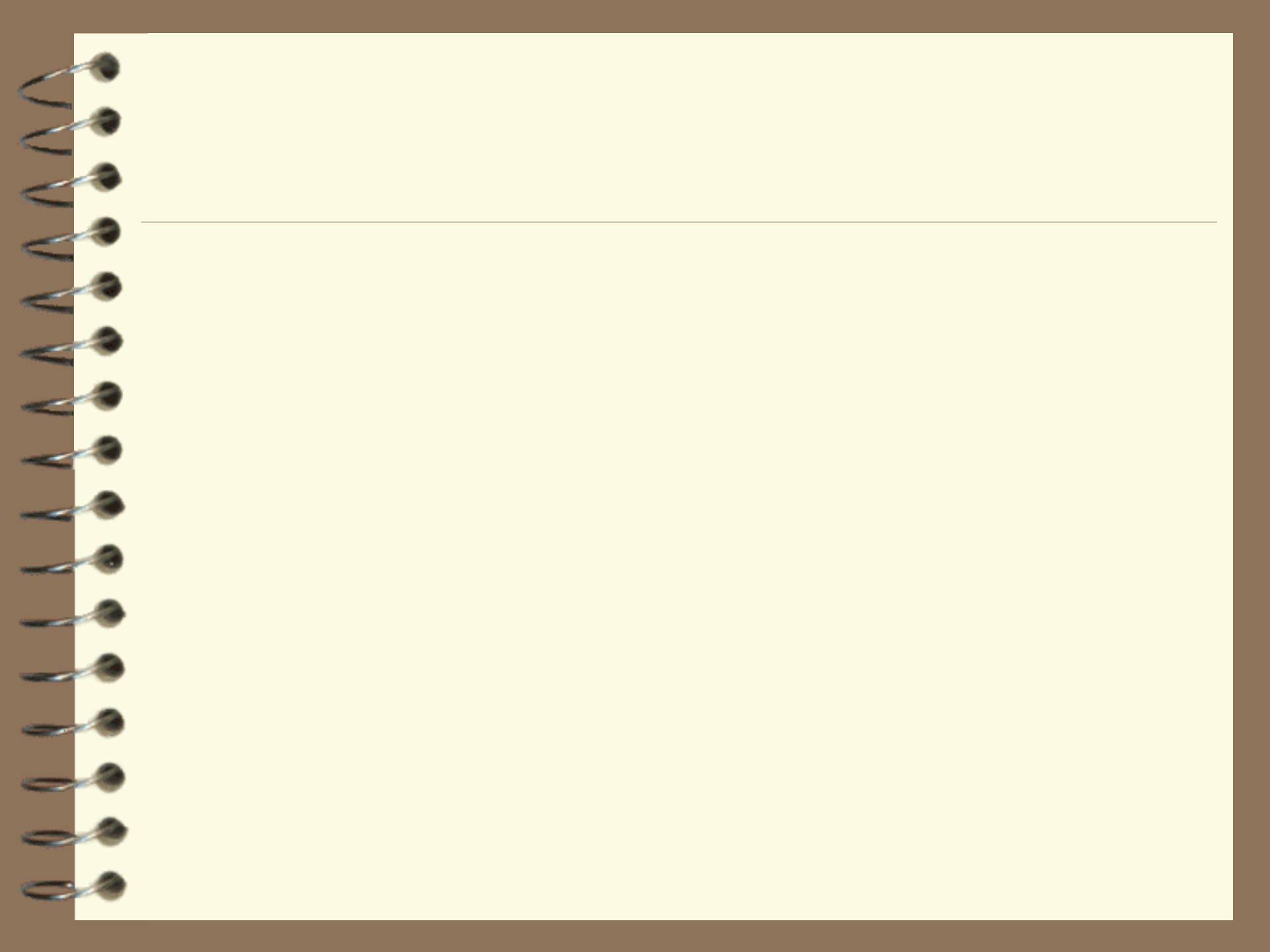
Max



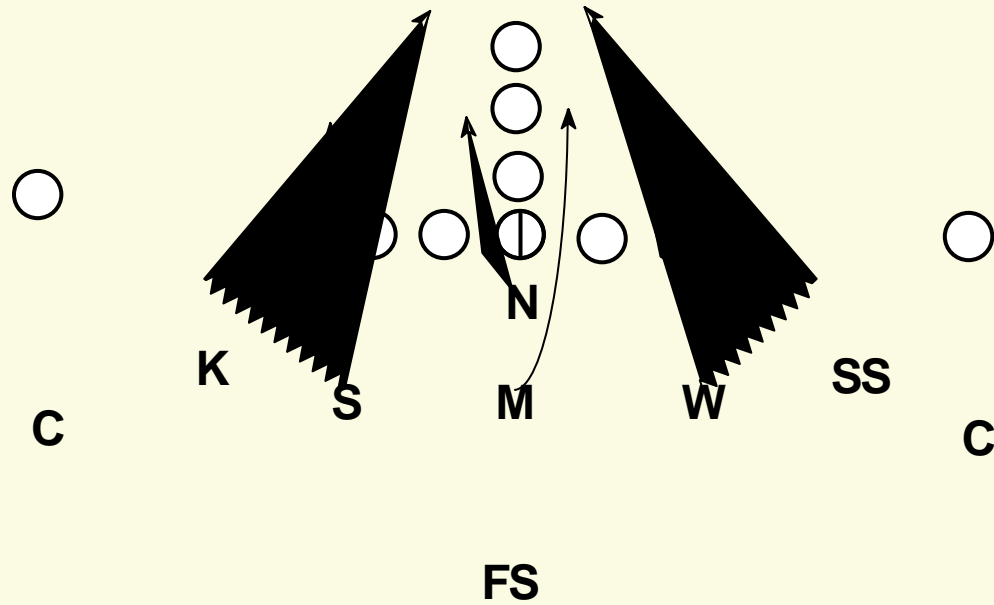
MAX	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	Blitz Strong B Gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
WILL	60 tech steack end	Blitz WeakB Gap	Blitz thru Weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
FREE SAFTEY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFTEY	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside turn everything inside - Force - Contain	Blitz outside turn everything inside - Contain boot & reverse	Blitz outside turn everything inside - Check boot & reverse - Pursuit angle
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside turn ev erything inside - Force - Contain	Blitz outside turn everything inside - Contain boot & reverse	Blitz outside tum everything inside - Check boot & reverse - Pursuit angle
TACKLE	6 tech strong side	Bltiz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Max Drop



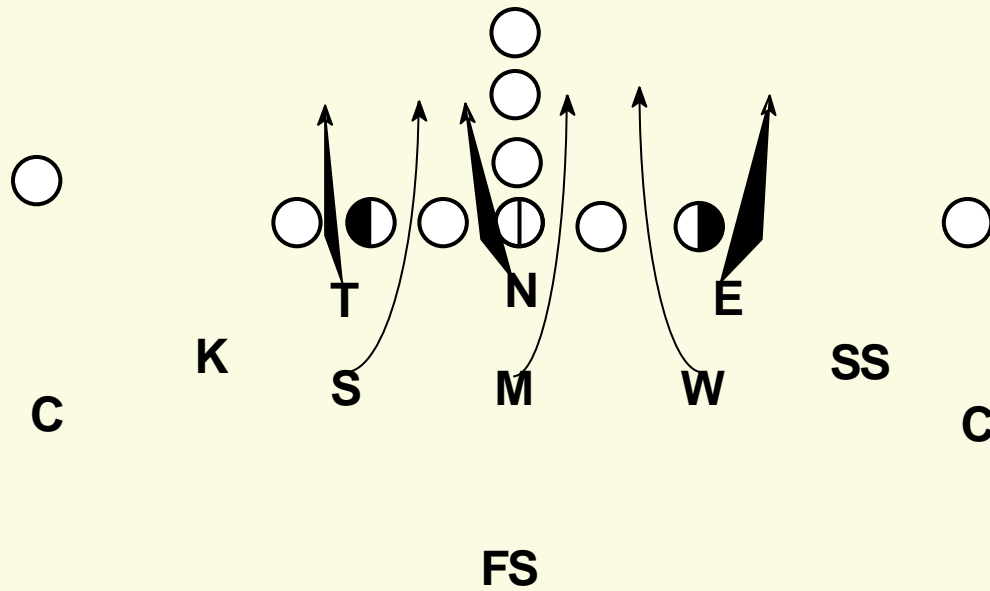


Lightening



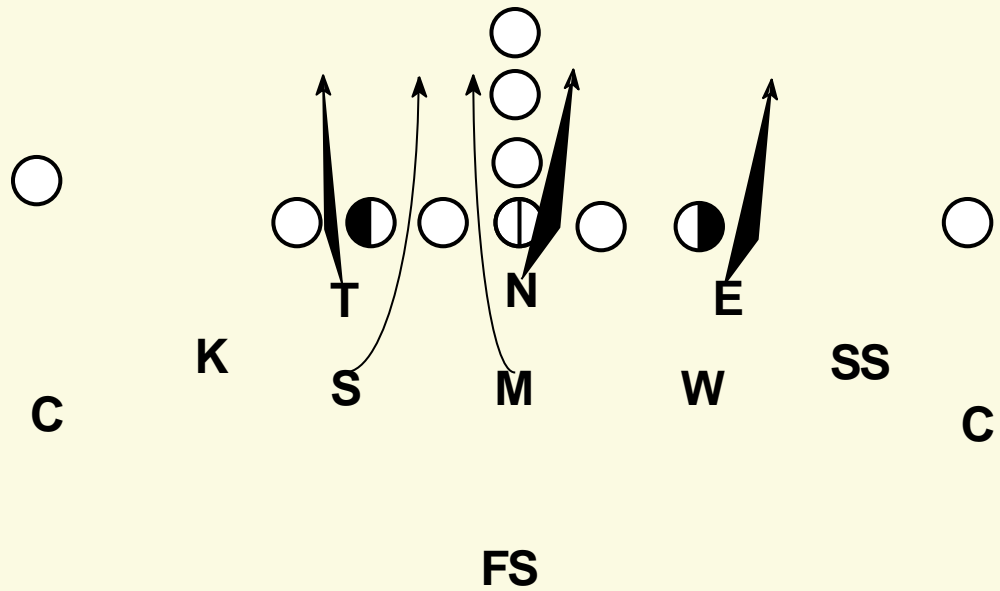
LIGHTENING	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
WILL	60 tech steack end	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Bltiz thru strong B gap	Blitz thru strong B gap - Force - Contain	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Pass rush move - Stay in lane
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Bltiz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - Stay in lane

Thump



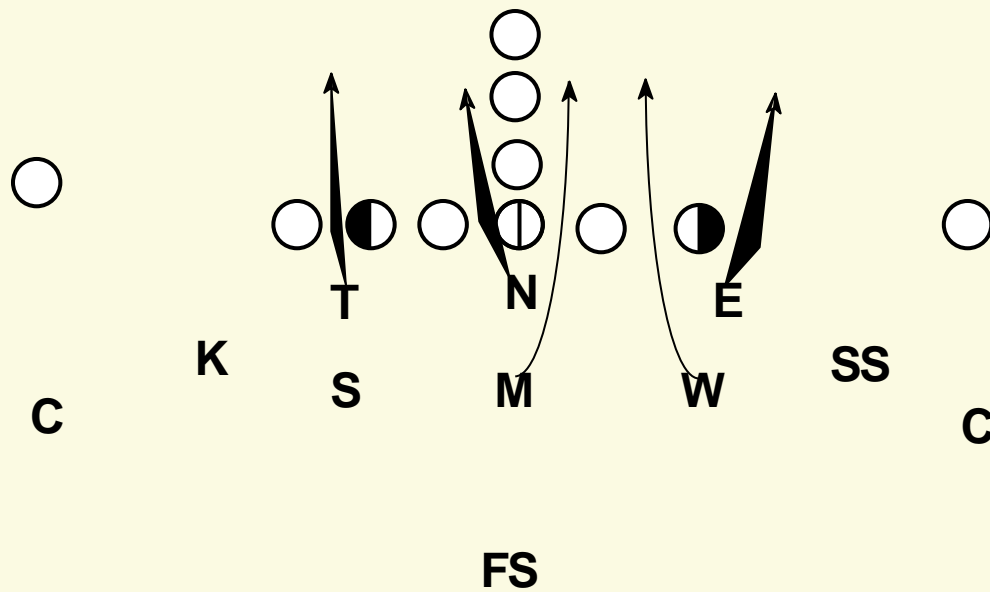
THUMP	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	Blitz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
WILL	60 tech steack end	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Blitz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Blitz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Missiles



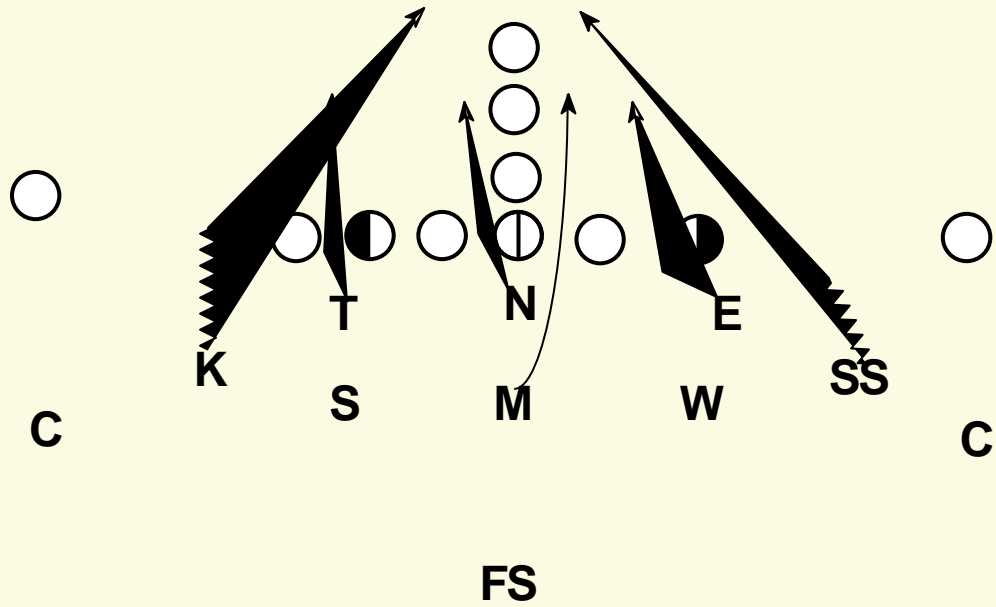
MSSLES	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Attack QB
SAM	60 tech stack tackle	Blitz Strong B Gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Bltiz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Rockets



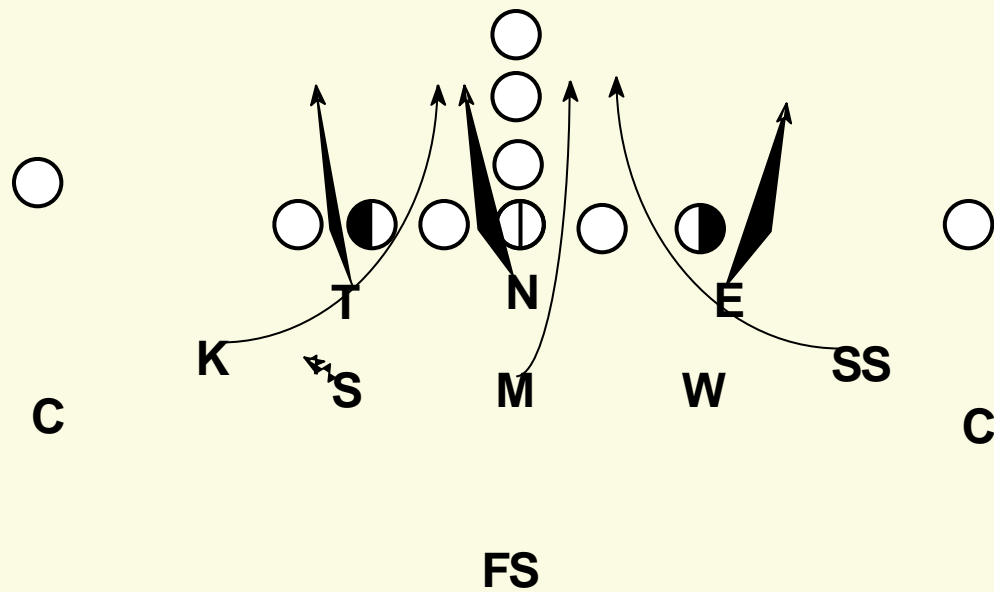
ROCKETS	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	Blitz thru Weak B Gap	Blitz thru Weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch f or cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Shark



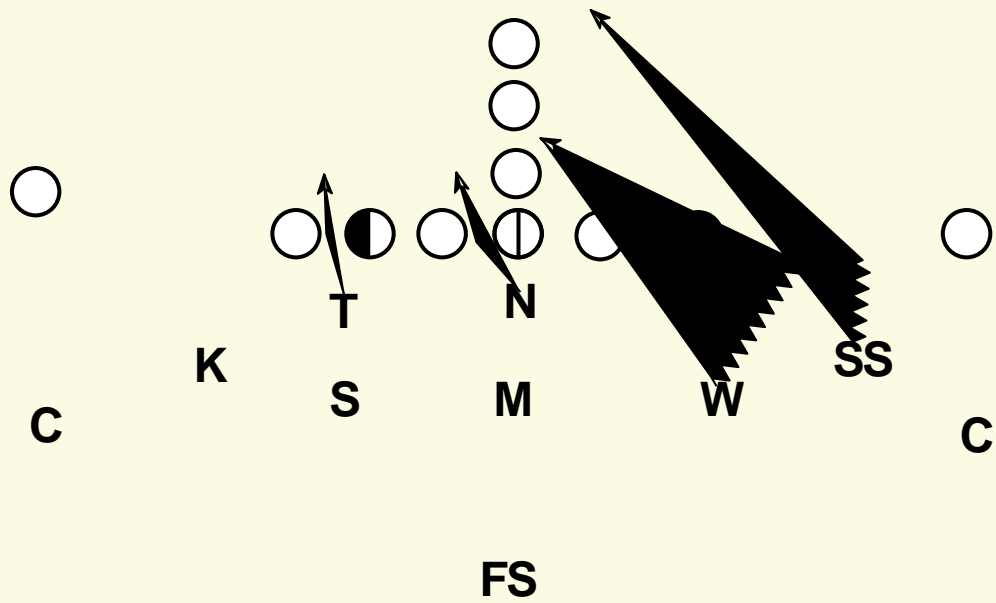
SHARK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside turn everythinginside - Force Contain	Blitz outside turn everything inside - Contain boot & reverse	Blitz outside turn everything inside - Check boot & reverse - Pursuit angle
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside turn everythinginside - Force Contain	Blitz outside turn everything inside - Contain boot & reverse	Blitz outside turn everything inside - Check boot & reverse - Pursuit angle
TACKLE	6 tech strong side	Blitz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pas rush move - stay in lane
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pas rush move - stay in lane

Storm



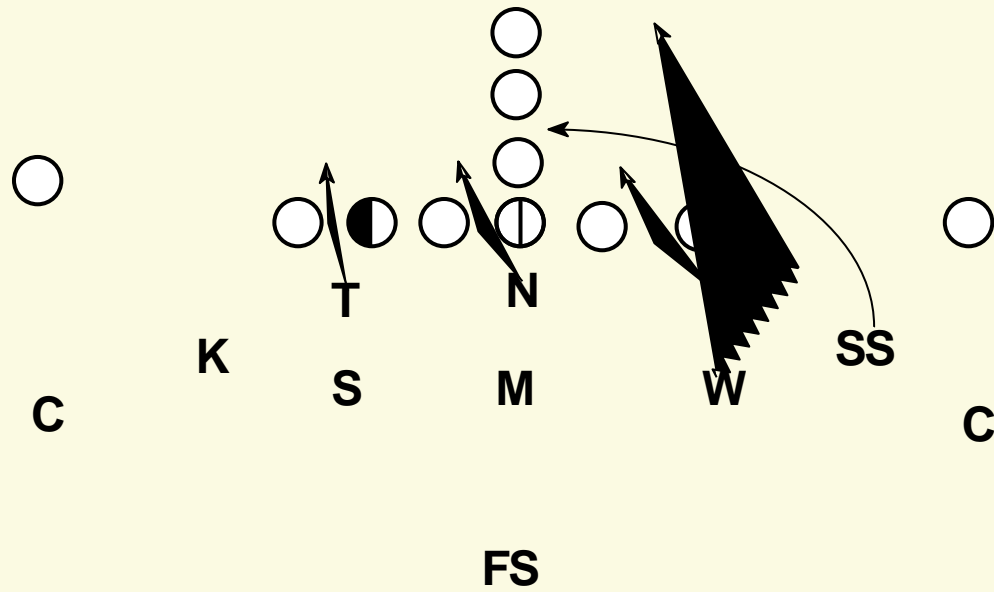
	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
STORM					
MIKE	10 tech stack nose	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	Bltiz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Bltiz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
TACKLE	6 tech strong side	Bltiz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Madd



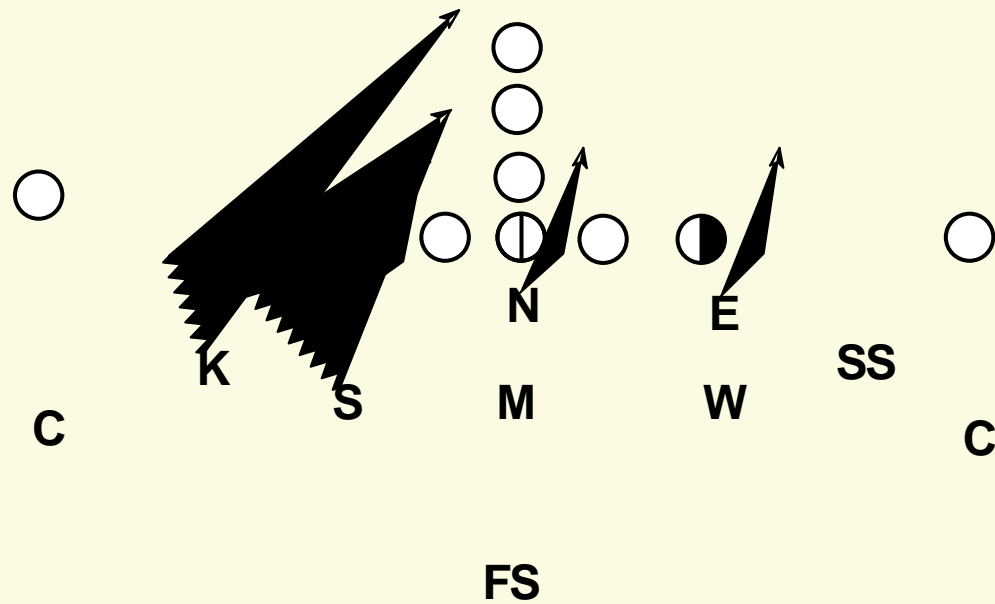
MADD	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside - Contain - Work over top of Will - Force	Blitz outside - Check boot & rev. - Deep as the deepest back - Pursuit angle	Blitz outside - Check boot & sprint - Contain - Attack QB
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Bltiz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Bltiz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Bltiz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - Stay in lane

Madd Switch



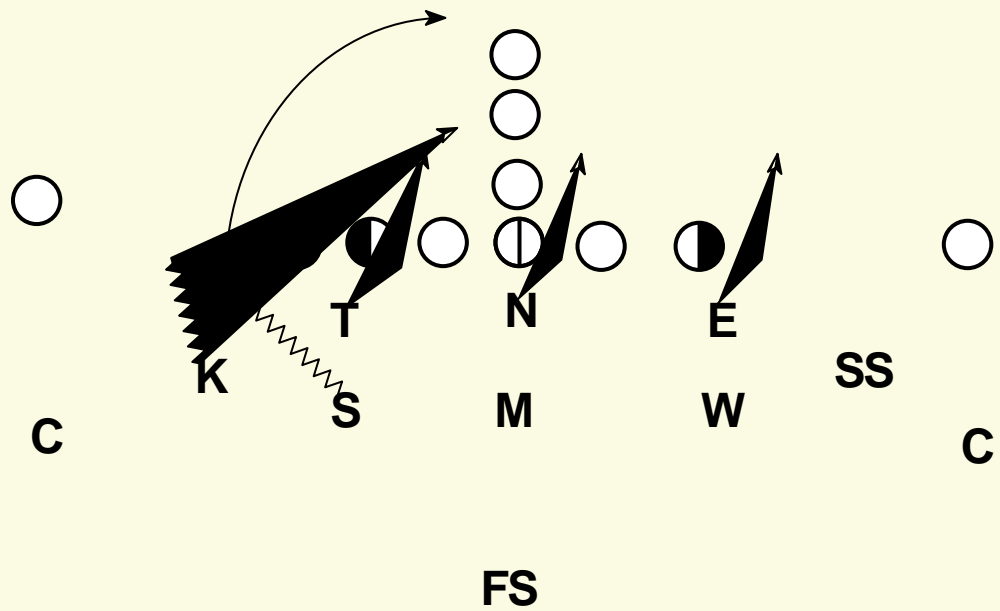
MADD SWITCH	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steak end	Outside contain blitz	Blitz outside - Contain - Work over top of SS - Force	Blitz outside - Check boot, rev. - Deep as the deepest back - Pursuit angle	Blitz outside - Check boot & sprint - Contain - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Blitz thru strong C gap	Blitz thru strong C gap - Force - Contain	Blitz thru strong C gap - Redirect - Pursuit angle	Blitz thru strong C gap - Pass rush move - Contain
NOSE	head - up on center	Blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Pass rush move - Stay in lane
END	6 tech weak side	Blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Pass rush move - Stay in lane

Badd



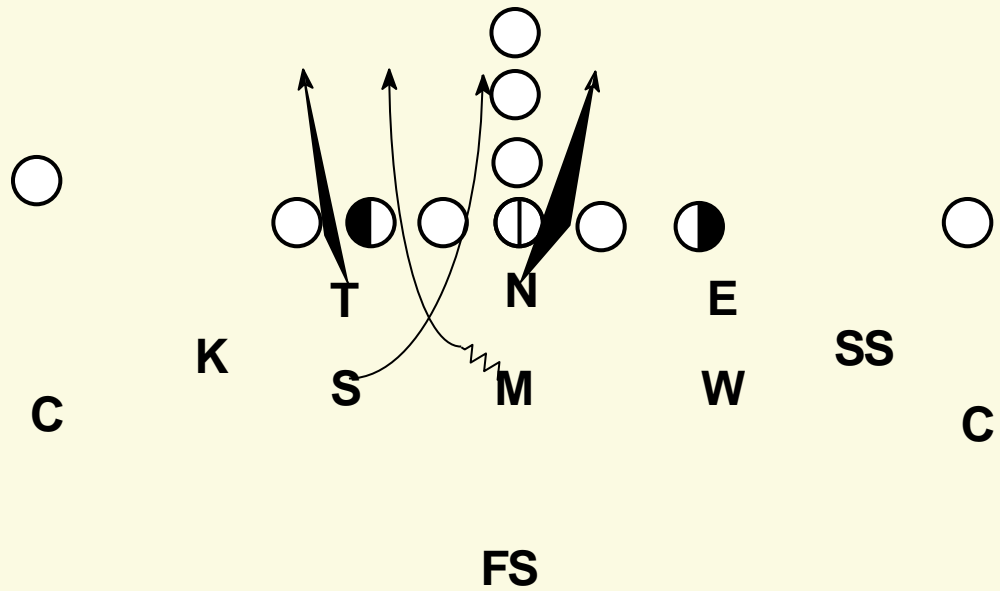
BADD	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Outside contain blitz	Blitz outside - Contain - Work over top of Sam - Force	Blitz outside - Check boot & rev. - Deep as the deepest back - Pursuit angle	Blitz outside - Check boot & sprint - Contain - Attack QB
TACKLE	6 tech strong side	Bltiz thru strong B gap	Blitz thru strong B gap - Force - Contain	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Pass rush move - Stay in lane
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Badd Switch



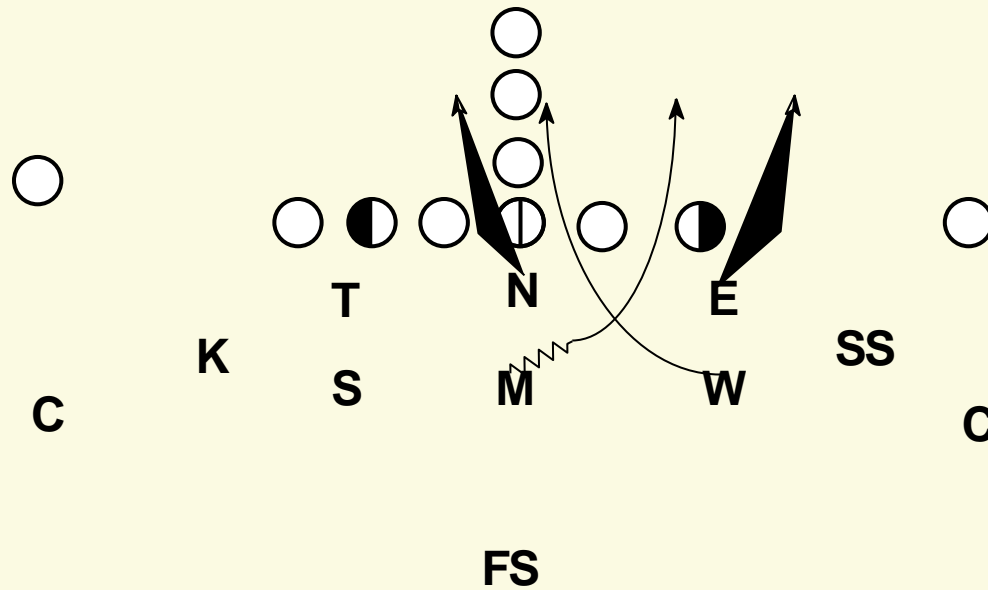
BADD SWITCH	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	Outside contain blitz	Blitz outside - Contain - Work over top of Kodiak - Force	Blitz outside - Check boot & rev. - Deep as the deepest back - Pursuit angle	Blitz outside - Check boot & sprint - Contain - Attack QB
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Outside Contain Blitz	Blitz outside contain - Force everything inside	Blitz outside contain - Check boot & reverse - Redirect - Pursuit angle	Blitz outside contain - Contain boot & sprint - Attack QB
TACKLE	6 tech strong side	Bltiz thru strong B gap	Blitz thru strong B gap - Force - Contain	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Pass rush move - Stay in lane
NOSE	head - up on center	Blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
END	6 tech weak side	Bltiz thru weak C gap	Blitz thru weak C gap - Force - Contain	Blitz thru weak C gap - Redirect - Pursuit angle	Blitz thru weak C gap - Pass rush move - Contain

Cross-It Strong



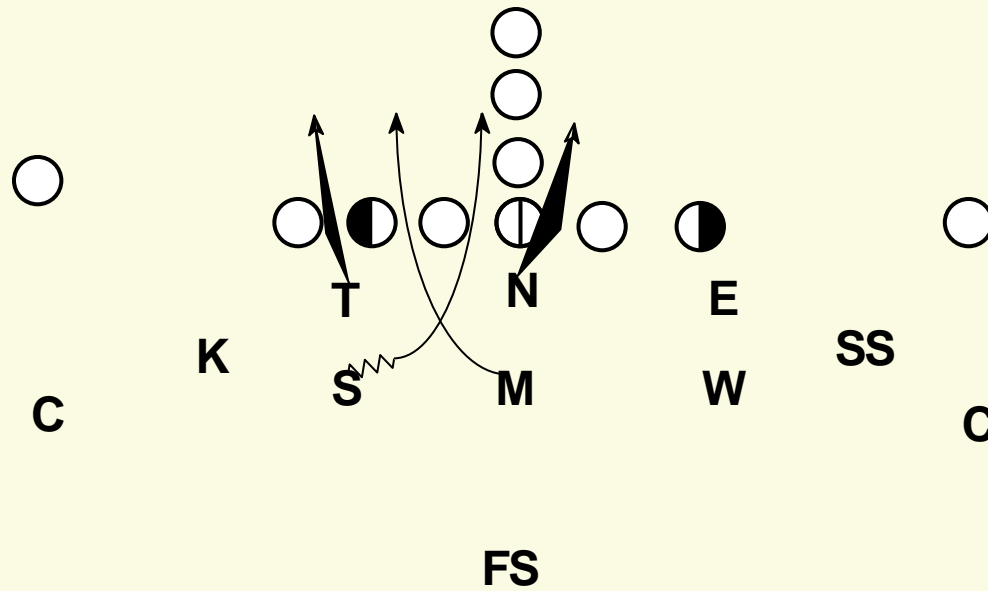
CROSS - IT STRONG	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	blitz thru strong B gap	Delay - Blitz thru strong B gap - Force	Delay - Blitz thru strong B gap - Redirect - Pursuit angle	Delay - Blitz thru strong B gap - Attack QB
SAM	60 tech stack tackle	blitz thru strong A gap	Blitz thru strong A gap - Force	Blitz thru strong A gap - Redirect - Pursuit angle	Blitz thru strong A gap - Attack QB
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch f or cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into strong C gap 45 - Rip off man - Force	Slant into strong C gap 45 - Rip off man - Squeeze gap - Pursuit angle	Slant into strong C gap 45 Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into weak A gap 45 - Rip off man - Force	Slant into weak A gap 45 Rip off man - Squeeze gap Pursuit angle	Slant into weak A gap 45 - Rip off man - Pass rush move - Stay in lane
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Cross-It Weak



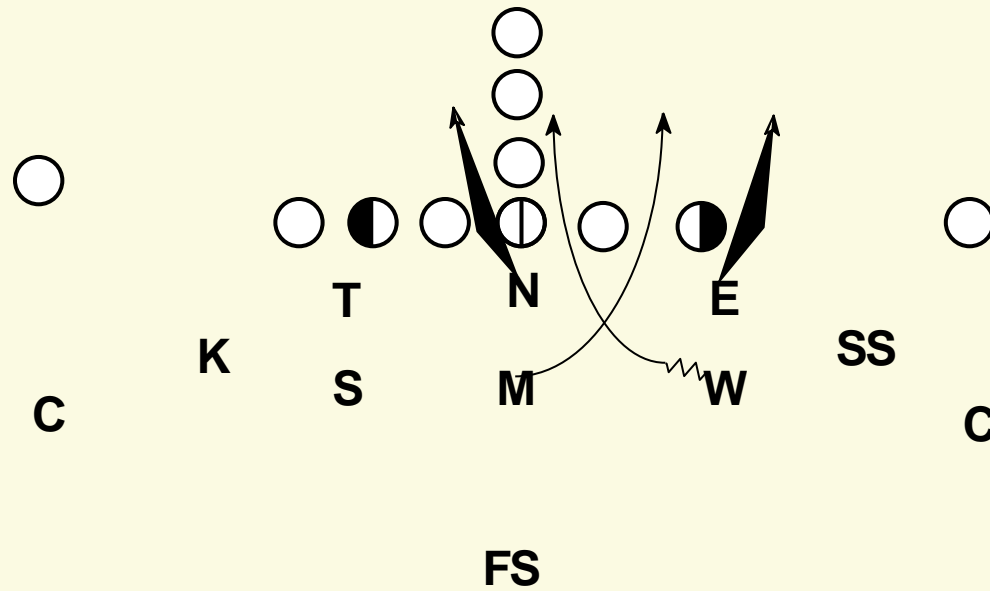
CROSS - IT WEAK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	blitz thru weak A gap	Delay - Blitz thru weak B gap - Force	Delay - Blitz thru weak B gap - Redirect - Pursuit angle	Delay - Blitz thru weak B gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	blitz thru weak A gap	Blitz thru weak A gap - Force	Blitz thru weak A gap - Redirect - Pursuit angle	Blitz thru weak A gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Slant into strong A gap 45 - Rip off man - Force	Slant into strong A gap 45 Rip off man - Squeeze gap Pursuit angle	Slant into strong A gap 45 - Rip off man - Pass rush move - Stay in lane
END	6 tech weak side	Ball - head of man in front	Slant into weak C gap 45 - Rip off man - Force - Contain	Slant into weak C gap 45 Rip off man - Check boot & rev.- Pursuit angle	Slant into weak C gap 45 Rip off man - Pass rush move Contain

Mix-It Strong



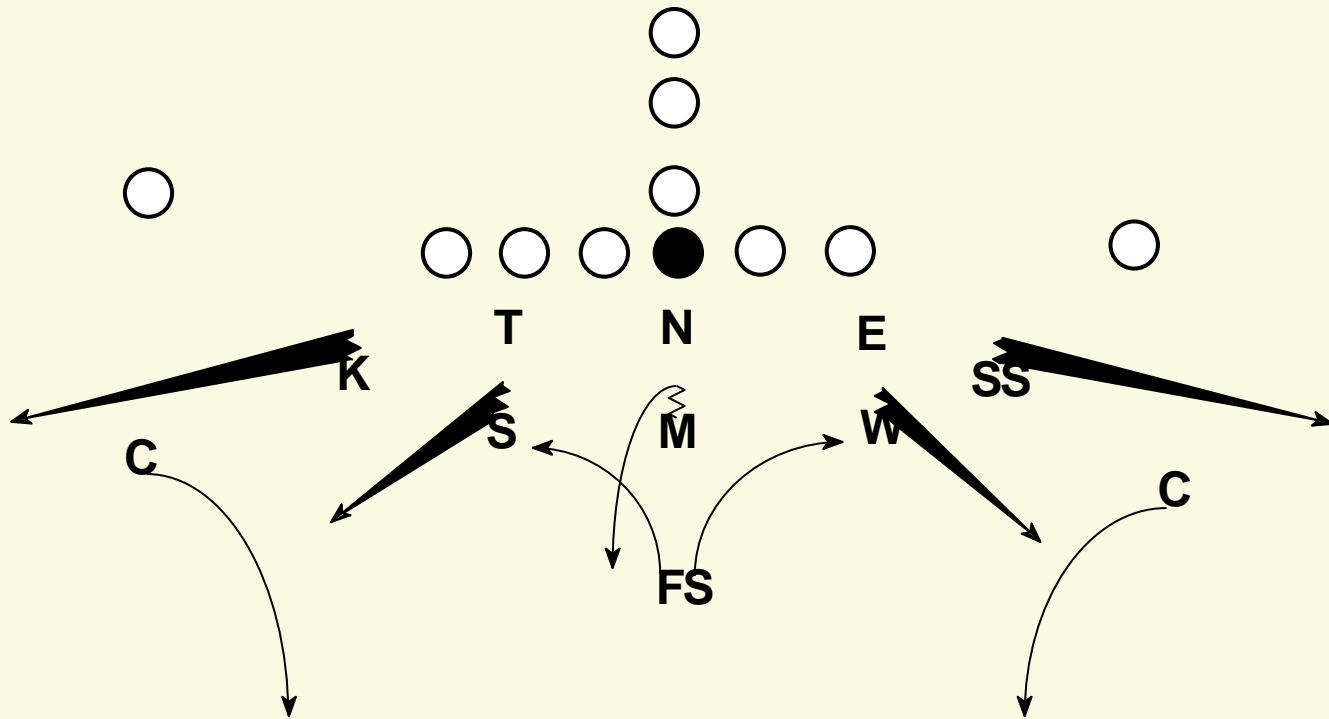
MIX - IT STRONG	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	blitz thru strong B gap	Blitz thru strong B gap - Force	Blitz thru strong B gap - Redirect - Pursuit angle	Blitz thru strong B gap - Attack QB
SAM	60 tech stack tackle	blitz thru strong A gap	Delay - Blitz thru strong A gap - Force	Delay - Blitz thru strong A gap - Redirect - Pursuit angle	Delay - Blitz thru strong A gap - Attack QB
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Slant into strong C gap 45 - Rip off man - Force	Slant into strong C gap 45 Rip off man - Squeeze gap Pursuit angle	Slant into strong C gap 45 Rip off man - Pass rush move - Stay in lane - Contain
NOSE	head - up on center	Ball - head of man in front	Slant into weak A gap 45 - Rip off man - Force	Slant into weak A gap 45 Rip off man - Squeeze gap Pursuit angle	Slant into weak A gap 45 - Rip off man - Pass rush move - Stay in lane
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

Mix-It Weak



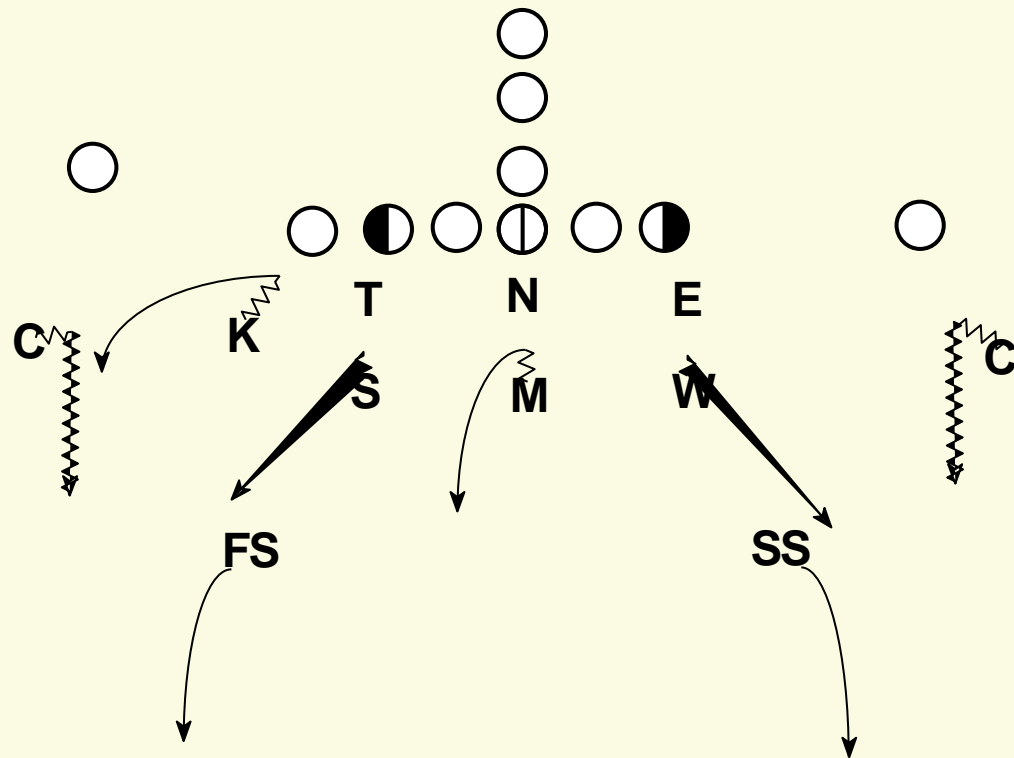
MIX- IT WEAK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	blitz thru weak B gap	Blitz thru weak B gap - Force	Blitz thru weak B gap - Redirect - Pursuit angle	Blitz thru weak B gap - Attack QB
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	blitz thru weak A gap	Delay - Blitz thru weak A gap - Force	Delay - Blitz thru weak A gap - Redirect - Pursuit angle	Delay - Blitz thru weak A gap - Attack QB
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch for cut back & reverse - pursuit angle	Depends on coverage
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Depends on coverage	Depends on coverage	Depends on coverage
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Slant into strong A gap 45 Rip off man - Force	Slant into strong A gap 45 Rip off man - Squeeze gap Pursuit angle	Slant into strong A gap 45 - Rip off man - Pass rush move - Stay in lane
END	6 tech weak side	Ball - head of man in front	Slant into weak C gap 45 Rip off man - Force Contain	Slant into weak C gap 45 Rip off man - Check boot, rev.- Pursuit angle	Slant into weak C gap 45 Rip off man - Pass rush move Contain

30 Cov. 1



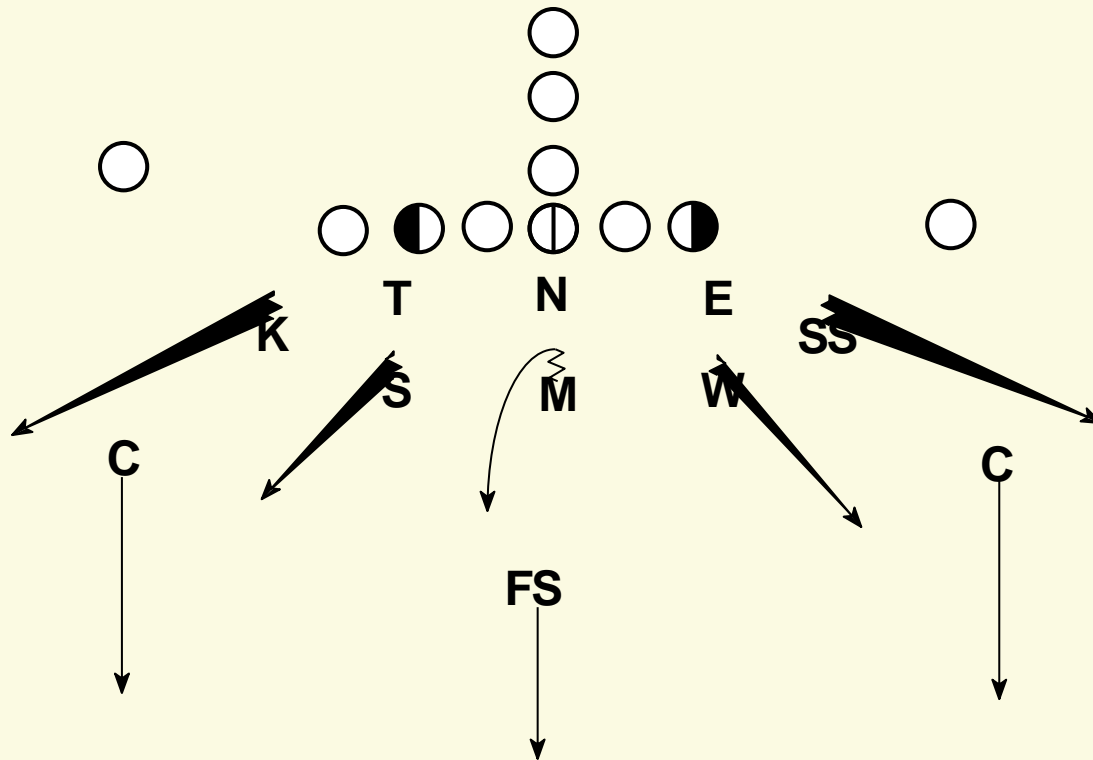
COV 1	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line - Mirror	Mirror QB 2 slide steps Run support inside out	Mirror QB 2 slide steps Run support inside out	Mirror QB 2 slide steps Jump TE - no TE rob middle 15- 20 yards
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Sit - Run - QB - Flip check #1 determines your drop - Run thru #2 to flats
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball 3 peddles open up to field - Get deep
KODIAK	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Sit - Run - QB - Flip check #1 determines your drop - Run thru #2 to flats
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. 2



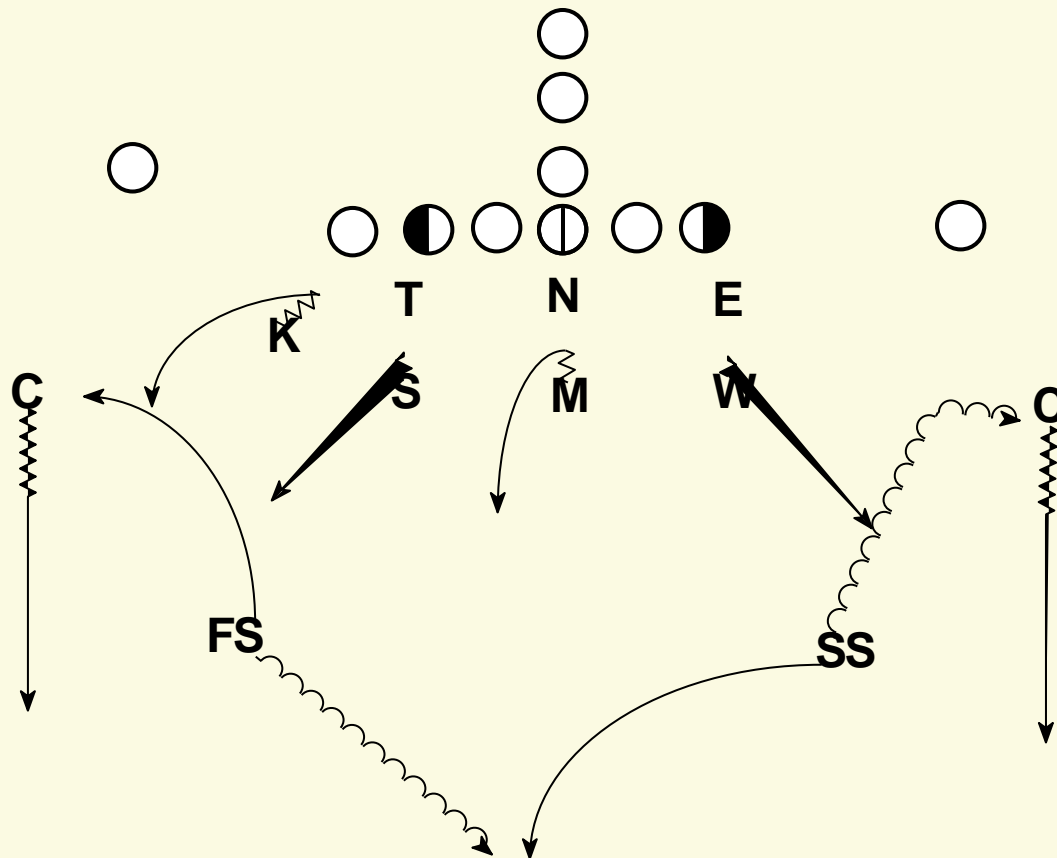
COV. 2	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFetY	10 yds deep on a hash	QB - on/off the line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball check #1 - if outside get over top - inside keep deep
STRONG SAFetY	10 yds deep on a hash	QB - on/off the line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball check #1 - if outside get over top - inside keep deep
CORNERS	5 yds deep 1 yd outside #1	QB - on/off the line	Read on/off line - attack the ball outside in	Read on/off line - roll slowly over the top watch for throw back & reverse	Read on/off line - shove #1 inside - shuffle deep watching for rec. coming out
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Jam the TE, help in the outside hole.
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get of f Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. 3



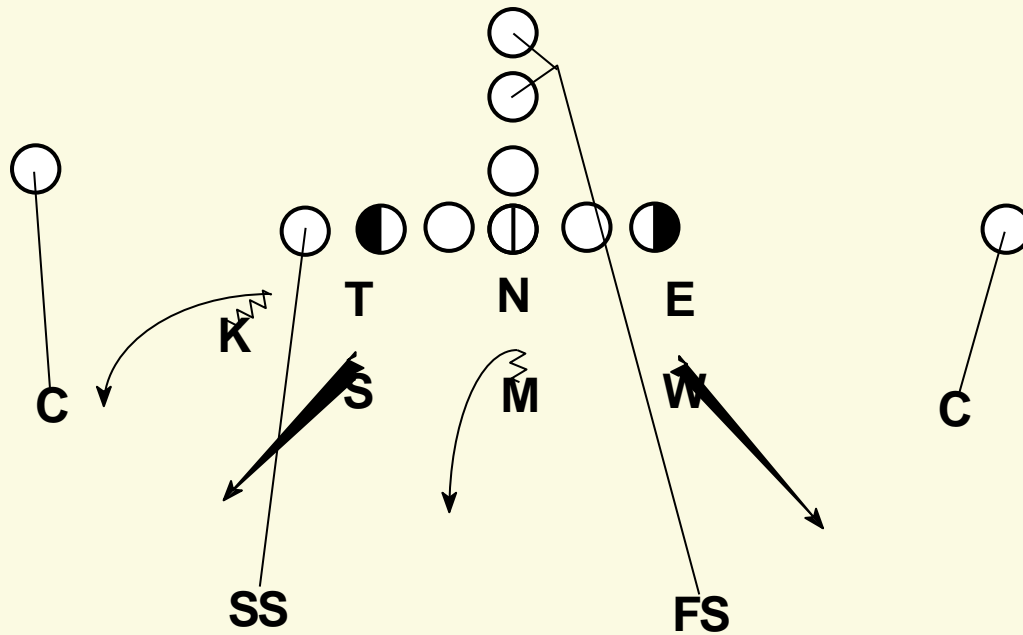
COV 3	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line - Mirror	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - check TE and get deep
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Sit - Run - QB - Flip check #1 determines your drop - Run thru #2 to flats
CORNERS	7 yds deep outside shoulder #1	QB - on/off line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball 3 peddles open up to field - Get deep
KODIAK	3 yds wide 4 yds deep	QB - on/off line	Set - force outside - in	set - squeeze - watch f or cut back & reverse - pursuit angle	Sit - Run - QB - Flip check #1 determines your drop - Run thru #2 to flats
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. 5



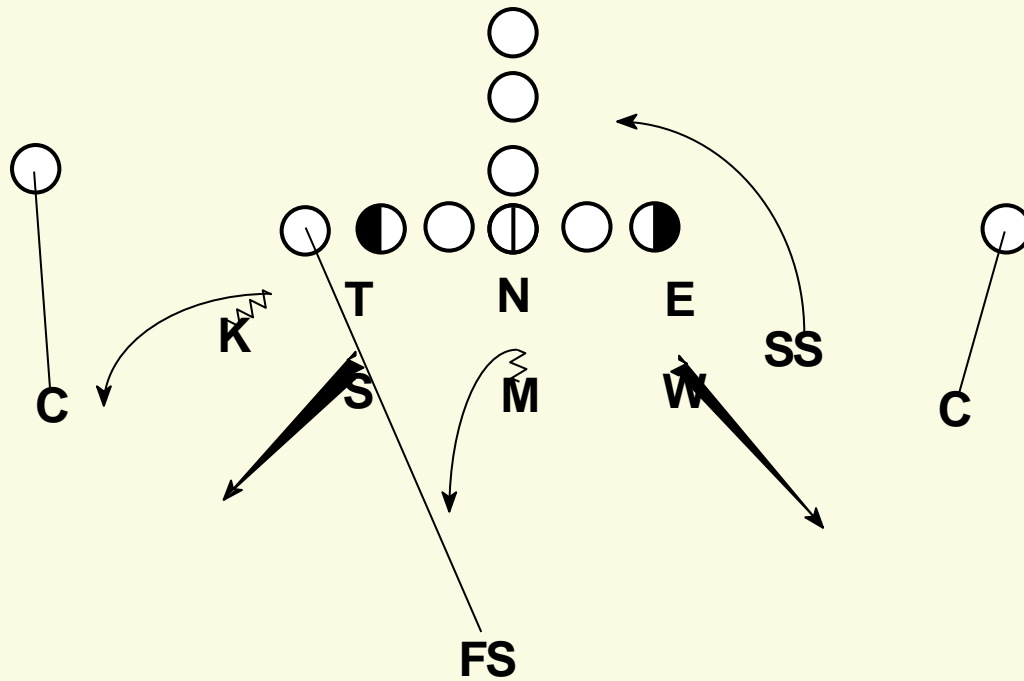
COV. 5	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFTEY	10 yds deep on a hash	QB - on/off the line	RB is to your side - Force inside out	Roll to the middle 1/3's Get depth	TB to your side - late blitz to that side or to the RB- Deep middle 1/3's
STRONG SAFTEY	10 yds deep on a hash	QB - on/off the line	RB is to your side - Force inside out	Roll to the middle 1/3's Get depth	TB to your side - late blitz to that side or to the RB- Deep middle 1/3's
CORNERS	5 yds deep 1 yd outside #1	QB - on/off the line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball 3 peddles open up to field - Get deep
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Black



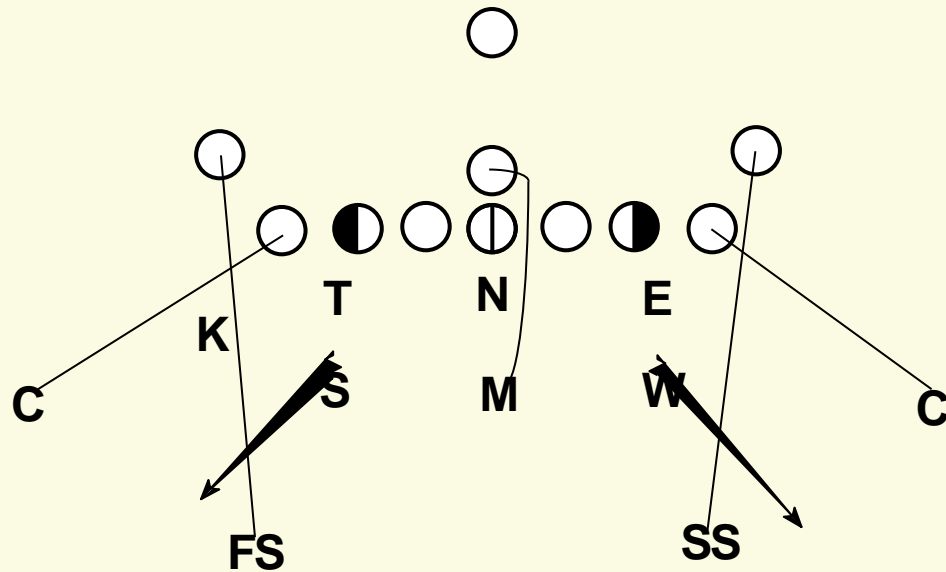
COV. BLACK	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	8 yds deep 1 yd outside weak tackle	Ball - TB/#2	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on TB or FB/#2 - Go every were TB or FB/#2 goes
STRONG SAFETY	8 yds deep 1 yds outside TE	Ball - TE	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on TE - Go every were TE goes
CORNERS	5 yds deep 1 yd inside #1	Ball - #1	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on #1 - Go every were #1 goes
KODIAK	3yds deep 2yds wide	QB - On & off the line	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	Head up center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Red



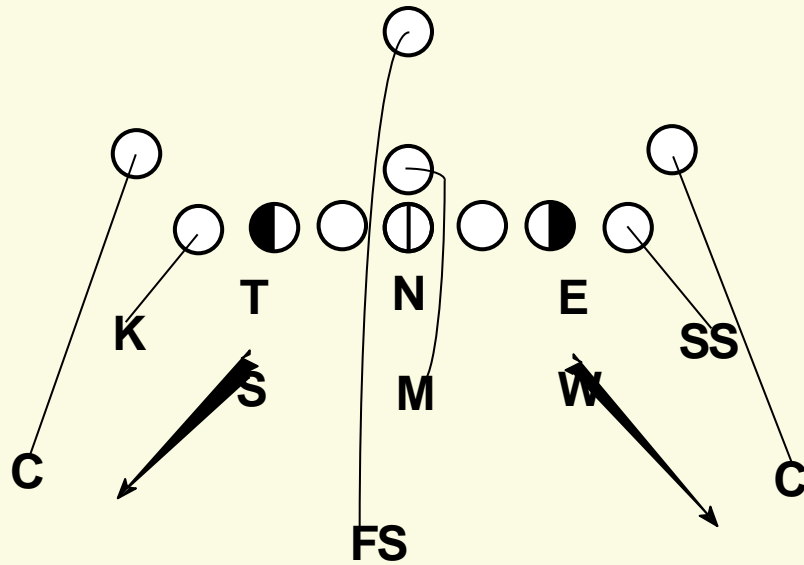
COV. RED	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steak end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	8 yds deep 1 yd outside TE	Ball - TE	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on TE - Go every were TE goes
STRONG SAFETY	8 yds deep 1 yd outside weak tackle	Ball - Blitz	Blitz thru gap - Force	Blitz thru gap - Redirect - Pursuit angle	Blitz thru gap - Attack QB
CORNERS	5 yds deep 1 yd inside #1	Ball - #1	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on #1 - Go every were #1 goes
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Purple (Wing-T Team)



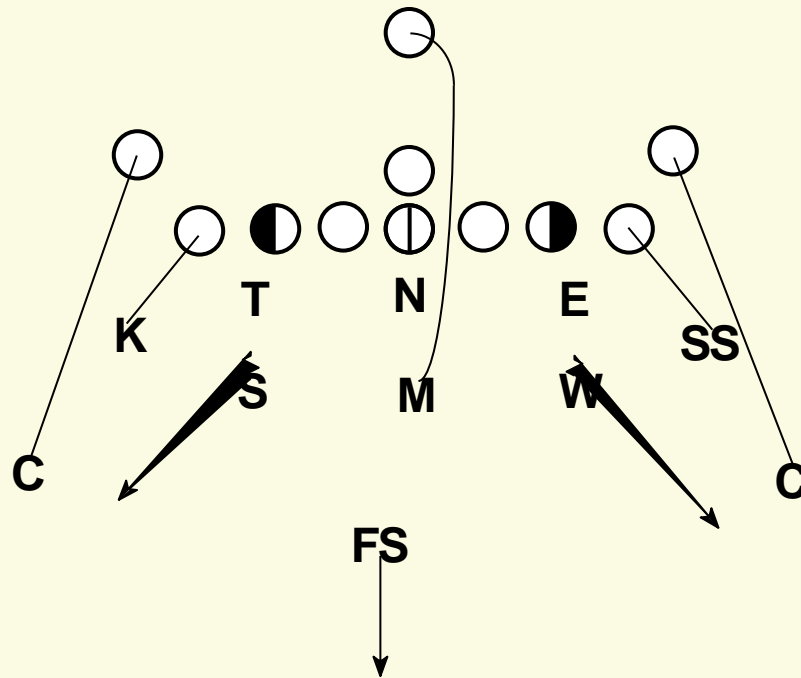
COV. PURPLE	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Go Hit QB - Your Man - PERIOD	Go Hit QB - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	8 yards deep f field side	QB - on/off line #1	Go Hit #1 - Your Man - PERIOD	Go Hit #1 - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
STRONG SAFETY	8 yards deep boundry side	QB - on/off line #1	Go Hit #1 - Your Man - PERIOD	Go Hit #1 - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
CORNERS	5 yds deep outside shoulder TE	QB - on/off line TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
KODIAK	3 yds wide 4 yds deep	QB - on/off line - TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Gold (Wing-T Team)



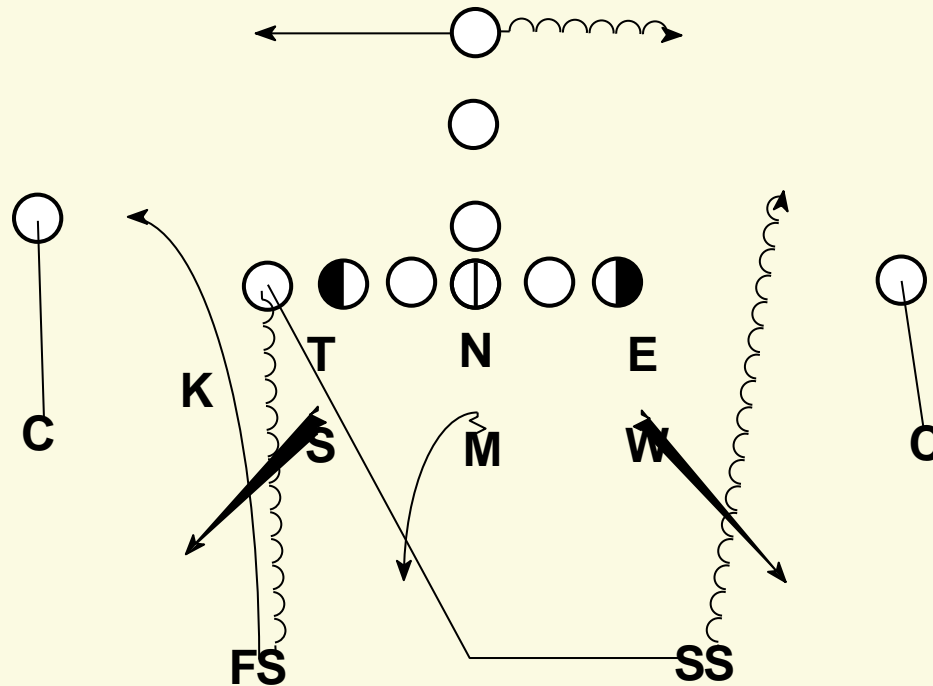
COV. GOLD	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Go Hit QB - Your Man - PERIOD	Go Hit QB - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line - TB	Go Hit TB - Your Man - PERIOD	Go Hit TB - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line - TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
CORNERS	7 yds deep outside shoulder #1	QB - on/off line #1	Go Hit #1 - Your Man - PERIOD	Go Hit #1 - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
KODIAK	3 yds wide 4 yds deep	QB - on/off line - TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Silver



COV. SILVER	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Go Hit RB - Your Man - PERIOD	Go Hit RB - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep strong side A gap	QB - on/off line	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - check TE and get deep
STRONG SAFETY	3 yds wide 4 yds deep	QB - on/off line - TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
CORNERS	7 yds deep outside shoulder #1	QB - on/off line #1	Go Hit #1 - Your Man - PERIOD	Go Hit #1 - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
KODIAK	3 yds wide 4 yds deep	QB - on/off line - TE	Go Hit TE - Your Man - PERIOD	Go Hit TE - Your Man - PERIOD	STAY ON YOUR MAN - PERIOD
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain

30 Cov. Orange



COV. ORANGE	<u>ALIGN.</u>	<u>KEY</u>	<u>RUN TO</u>	<u>RUN AWAY</u>	<u>PASS</u>
MIKE	10 tech stack nose	strong side guard	Down hill - force inside - out	Down hill - force inside - out	2 down hill steps - flip hips to TE - watch draw - drop to middle and get depth
SAM	60 tech stack tackle	strong side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
WILL	60 tech steack end	weak side guard	Down hill - force inside - out	Down hill - squeeze - inside - out pursuit angle	2 down hill steps - flip hips to outside - watch draw - drop to zone and get depth
FREE SAFETY	10 yds deep on a hash	Ball - RB	RB is to your side - Force inside out	Have TE man to man - to your side &/or away	TB to your side - late blitz to that side to RB- Away you have TE
STRONG SAFETY	10 yds deep on a hash	Ball - RB	RB is to your side - Force inside out	Have TE man to man - to your side &/or away	TB to your side - late blitz to that side to RB- Away you have TE
CORNERS	5 yds deep 1 yd inside #1	Ball - #1	Late - Late - Late Run support	Late - Late - Late Pursuit angle - 21 over top	Snap of ball - Eye on #1 - Go every were #1 goes
KODIAK	3 yds wide 4 yds deep	Ball - head of man in front	Ball get off - set the corner Contain	set - squeeze - watch for cut back & reverse - pursuit angle	Ball get off Give a pass rush move Stay in lanes - contain
TACKLE	6 tech strong side	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
NOSE	head - up on center	Ball - head of man in front	Ball get off - do not get hooked by man on you - control your gap	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes -
END	6 tech weak side	Ball - head of man in front	Ball get off - set the corner Contain	ball get off - squeeze down gap - run to the ball	Ball get off Give a pass rush move Stay in lanes - contain